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*Saint Mary's, Saint Michael's and Ss John & Ailbe: 25<sup>th</sup> August 2024 ~ Trinity XIII (Proper 16)*

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## COLLECTS AND READINGS

**Collect for the week:** Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself: Help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

### Old Testament Reading: Joshua 24: 1-2a, 14-18

Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, 'Thus says the Lord, the God of Israel: Long ago your ancestors—Terah and his sons Abraham and Nahor—lived beyond the Euphrates and served other gods. 'Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord.' Then the people answered, 'Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.'

### Psalm 34: 15-22 (BCP p.628)

The eyes of the Lord are upon the righteous ♦ and his ears are open to their cry.

The face of the Lord is against those who do evil, ♦ to root out the remembrance of them from the earth.

The righteous cry and the Lord hears them ♦ and delivers them out of all their troubles.

The Lord is near to the brokenhearted ♦ and will save those who are crushed in spirit.

Many are the troubles of the righteous; ♦ from them all will the Lord deliver them.

He keeps all their bones, ♦ so that not one of them is broken.

But evil shall slay the wicked ♦ and those who hate the righteous will be condemned.

The Lord ransoms the life of his servants ♦ and will condemn none who seek refuge in him.

### Epistle Reading: Ephesians 6: 10-20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

## New Testament: Gospel Reading: John 6: 56-69

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever. He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.' Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

**Post-Communion Prayer:** God our creator, you feed your children with the true manna, the living bread from heaven. Let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more; through Jesus Christ our Lord. Amen.

Hymns				
<b>Saint Michael's</b>	584	478	415	488
<b>The Cathedral</b>	<b>566(ii)</b>	687	<b>293(i)</b>	<b>318</b>

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### Services & Events

Date	Time	Event	Venue
Sunday 25 <sup>th</sup> <i>Trinity XIII</i> <i>(Proper 16)</i>	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
	11.15	Morning Prayer	The Cathedral
Monday 26 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Tuesday 27 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Wednesday 28 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Thursday 29 <sup>th</sup>	10.30	Holy Communion	The Cathedral
Friday 30 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Saturday 31 <sup>st</sup>	10.30	Morning Prayer	The Cathedral
Sunday 1 <sup>st</sup> Sept. <i>Trinity XIV</i> <i>(Proper 17)</i>	3.00	Harvest	Ss John & Ailbe, Abington
	10.00	Morning Prayer	St Michael's
	11.15	Holy Communion	The Cathedral

## THIS WEEK'S NOTICES

*(Where attachments are mentioned, hard copies are available through the parish office upon request)*

### Dates to note:

- 1<sup>st</sup> September: Harvest Thanksgiving in Ss John & Ailbe, Abington at 3pm. Preacher: Canon Jane Galbraith.  
1<sup>st</sup> September: Memorial service for Kenneth Derek Long in St Nicholas church, Adare at 2pm. All welcome.  
(brother of Pearl Mitchell and formerly of Deelside Veterinary Clinic),  
8<sup>th</sup> September: Friends Festival/Patronal Service in the Cathedral (see note below)  
15<sup>th</sup> September: United service in Saint Mary's Cathedral at 11.15am with farewell to Dr Madden.  
19<sup>th</sup> September: Institution of the Rev'd Dr Leonard Madden in Christ Church, Bray at 7pm.  
6<sup>th</sup> October: Harvest Thanksgiving in Saint Michael's at 10am. Preacher: The Rev'd Stephen Neill  
6<sup>th</sup> October: Harvest Thanksgiving in Saint Mary's at 11.15am. Preacher: The Rev'd Stephen Neill

**Saint Mary's Cathedral ~ Friends Festival/Patronal Service:** The Patronal and Friends of Saint Mary's Cathedral Festival Service will take place on Sunday 8<sup>th</sup> September 2023 at 11.15am. The Dean of Cork will be the preacher. Following the service there will be lunch, hosted by the Friends – all are welcome to dine (please book in with the Churchwardens or Cathedral office). The AGM will take place in the afternoon and this will be followed by Choral Evensong at 3.00pm. ALL WELCOME!

**Congratulations:** to Niall and Noreen Johnston who became grandparents last week with the birth of Samuel. A son for Jason & Gillian.

**Sunday Club:** Sunday Club will resume in full in September. It meets during the 11.15am Service in the Cathedral on the First and Third Sundays of the month with vacation breaks. Its' first gathering will be 1st September. Normally on the First Sunday of the month it takes the form of Godly Play. It is open to primary school going children. Preschoolers are welcome if accompanied by a carer and the assistance of post primary schoolers would be greatly appreciated.

**The Curate:** The Rev'd Dr Leonard Madden will be instituted Rector of Bray in Christ Church, Bray at 7pm on Thursday September 19<sup>th</sup>. We shall be making a presentation to Leonard on September 15<sup>th</sup> and if you would like to make a contribution towards this, please leave your donation in a sealed envelope marked 'LM Pres', with the Churchwardens or in the Cathedral Office.

**Confirmation:** Candidates (not their parents or guardians) interested in receiving the sacrament of confirmation this October should contact a member of the clergy. Confirmation is administered to those in 2nd year of second-level education and above. \*\*\* **Please let the Dean know by 1<sup>st</sup> September.**

**Diocesan Conference:** The United Diocesan Council of Tuam and Limerick is delighted to announce a one-day conference, "Community Futures," which will be held on Saturday 16<sup>th</sup> November, in the Lady Gregory Hotel, Gort, 10am-4pm. It is aimed specifically at the 25-50 age group. Topics discussed will include: ethical agriculture, welcome/sanctuary, a shared island, mental health and loneliness, the housing crisis, and inclusion and funding in the arts. All welcome! And please encourage anyone you know who would enjoy the day to put the date in their diary!

**CMHI:** The Church's Ministry of Healing: Ireland is offering a 6-week online course, "God, Me, and Anxiety," which starts on Sept 11<sup>th</sup> at 7.30pm. Whether you experience chronic anxiety, anxiety for the state of the world, or simply want to spend time resting and allowing God to tend to the vulnerable parts of your being, then this course is for you. Lydia, CMHI: Ministry Leader, and Fionnula, psychotherapist and lay reader, will guide participants in sessions that include: prayer practices; contemplative story-telling; and reflections on scripture. Spaces are limited and the cost is donation-based. Go to [www.ministryofhealing.ie](http://www.ministryofhealing.ie) to find out more and sign up, or contact [hello@ministryofhealing.ie](mailto:hello@ministryofhealing.ie) if you have any questions.

**Robes Keeper:** The Dean and Organist are looking for someone who would be interested in helping look after the choir robes in the Cathedral. More information from the Dean.

**Free lunchtime concert in the Cathedral:** Mary Culloty O'Sullivan (soprano) Tuesday 24<sup>th</sup> Sept @ 13:15.

**Cycles of prayer:** *Diocese:* This week brings the opening of the schools the change of mood from holiday to term. We remember all who are part of school communities in our dioceses, that they may be places of happiness and fulfilment and challenge. We especially remember those moving or who are about to move to new chapters in their educational journey which perhaps involve leaving home for the first time in the coming weeks. *Porvoo:* Evangelical Lutheran Church of Finland: Diocese of Espoo & Scottish Episcopal Church: Diocese of Edinburgh. *Anglican:* La Iglesia Anglicana de Mexico

**Remembrance Book:** David Whitaker, Anna Mc Crum, Nigel Mc Guire, Billy Hayes, Eunice Amaeze, George Corbett, John Mc Keon and Serena Fitzgerald.

**Prayers for the Sick:** **Please note that the sick list will be cleared on September 1<sup>st</sup> and a new list created. Existing names may be reincluded upon request.**

Your prayers are asked for the sick in our community, especially, Emily; Mac; Alan Kennedy; Zandra; Kathleen Leddin; Martha McDermott; Sandra Pragnell; Danny Stone; Josh Stone; Terry Gibson; Sarah B; Cyril Foster; Patrick Hastings; Patricia Bourke; Jim K, Marie M, Gerry Grace, Mary Grace, Liz Kaldor; Trevor Richmond, Martin Hogan, Garrett Ryan, BO'D, Sue Gibson, Denis O'Connell, John Moore, Edel, Doris, Mary Catherine Finnegan, Jerry Murphy, Erica, Brigid, Valory, John Sparling, Pat O'Donnell, Mary O'Donnell, Mary Alicia Downes and Ron Ireland. *NOTE: If you wish to place a name on the list, please email it to [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com). Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

### Rota of Readers & Refreshments

	25 <sup>th</sup> August	1 <sup>st</sup> September	8 <sup>th</sup> September	15 <sup>th</sup> September	22 <sup>nd</sup> September
<b>REFRESHMENTS</b>					
<b>Saint Michael's</b>	Ruth Lillie O'Connell				
<b>The Cathedral</b>	Karen Wilson & Catherine Smith	Liz Lynam	Jemimah Egbulam	Keith O'Neill	Brian Sheppard
<b>READERS</b>					
<b>Saint Michael's</b>	Sheelagh Morrow	John Shier	Margaret Brickenden	Lucy Kavanagh	Annabelle Griffin
<b>The Cathedral</b>	Frank Sheahan	Lindsay Boyle	David Thompson	Paul Cabel	Tamasin Plowman
<b>FLOWERS</b>					
<b>The Cathedral</b>	Christine O'Neil				

### CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy Email: [dean@limerick.anglican.org](mailto:dean@limerick.anglican.org); Tel: 061-338697. Day off: Friday
- The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Rd Email: [curate@limerick.anglican.org](mailto:curate@limerick.anglican.org); Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
  - The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068. Email: [cathedral@limerick.anglican.org](mailto:cathedral@limerick.anglican.org); Tel: 061-310293. [www.lcp.limerick.anglican.org](http://www.lcp.limerick.anglican.org) Limerick City Parish ~ Weekly Newsletter – Deadline for notices 12 noon every Wednesday. To be added to the email circulation list: please email [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com)