

## WEEKLY NEWSLETTER

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*Saint Mary's, Saint Michael's and Ss John & Ailbe: 18<sup>th</sup> August 2024 ~ Trinity XII (Proper 15)*

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### COLLECTS AND READINGS

**Collect for the week:** Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire, or deserve: Pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things which we are not worthy to ask save through the merits and mediation of Jesus Christ your Son our Lord. Amen.

#### Old Testament Reading: Proverbs 9: 1-6

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, 'You that are simple, turn in here!' To those without sense she says, 'Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight.'

#### Psalm 34: 9-14 (BCP p. 628)

Fear the Lord, all you his holy ones, ♦ for those who fear him lack nothing.  
Lions may lack and suffer hunger, ♦ but those who seek the Lord lack nothing that is good.  
Come, my children, and listen to me; ♦ I will teach you the fear of the Lord.  
Who is there who delights in life ♦ and longs for days to enjoy good things?  
Keep your tongue from evil ♦ and your lips from lying words.  
Turn from evil and do good; ♦ seek peace and pursue it.

#### Epistle Reading: Ephesians 5: 15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

#### New Testament: Gospel Reading: John 6:51-58

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

**Post-Communion Prayer:** God of compassion, in this eucharist we know again your forgiveness and the healing power of your love. Grant that we who are made whole in Christ may bring that forgiveness and healing to this broken world, in the name of Jesus Christ our Lord. Amen.

<b>Hymns</b>				
<b>Saint Michael's</b>	<b>370</b>	<b>708</b>	<b>369</b>	<b>680</b>
<b>The Cathedral</b>	<b>51(i)</b>	<b>433(i)</b>	<b>398(ii)</b>	<b>369</b>

Services are recorded and may be viewed online on [www.churchservices.tv/limerickstmarys](http://www.churchservices.tv/limerickstmarys) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie) within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on [www.churchservices.tv](http://www.churchservices.tv) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie)/other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A-738650; Use QR code to donate to St Mary's online*



### **Services & Events**

<b>Date</b>	<b>Time</b>	<b>Event</b>	<b>Venue</b>
Sunday 18 <sup>th</sup> <i>Trinity XII (Proper 15)</i>	9.30	Holy Communion	Ss John & Ailbe, Abington
	10.00	Morning Prayer	St Michael's
	11.15	Holy Communion	The Cathedral
Monday 19 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Tuesday 20 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Wednesday 21 <sup>st</sup>	10.30	Morning Prayer	The Cathedral
Thursday 22 <sup>nd</sup>	10.30	Holy Communion	The Cathedral
Friday 23 <sup>rd</sup>	10.30	Morning Prayer	The Cathedral
Saturday 24 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Sunday 25 <sup>th</sup> <i>Trinity XIII (Proper 16)</i>	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
	11.15	Morning Prayer	The Cathedral

### **THIS WEEK'S NOTICES**

*(Where attachments are mentioned, hard copies are available through the parish office upon request)*

#### **Dates to note:**

1<sup>st</sup> September: Harvest Thanksgiving in Ss John & Ailbe, Abington at 3pm. Preacher: Canon Jane Galbraith.

8<sup>th</sup> September: Friend's Festival/Patronal Service in the Cathedral (see note below)

19<sup>th</sup> September: Institution of the Rev'd Dr Leonard Madden in Christ Church, Bray at 7pm.

6<sup>th</sup> October: Harvest Thanksgiving in Saint Michael's at 10am. Preacher: The Rev'd Stephen Neill

6<sup>th</sup> October: Harvest Thanksgiving in Saint Mary's at 11.15am. Preacher: The Rev'd Stephen Neill

**Cathedral flowers:** This week's arrangements are dedicated to the memory of Annette Cronin wife of Tom Cronin.

**Sunday Club:** Sunday Club will resume in full in September. It meets during the 11.15am Service in the Cathedral on the First and Third Sundays of the month with vacation breaks. Its' first gathering will be 1st September. Normally on the First Sunday of the month it takes the form of Godly Play. It is open to primary school going children. Preschoolers are welcome if accompanied by a carer and the assistance of post primary schoolers would be greatly appreciated.

**The Curate:** Congratulations to our Curate, the Rev'd Dr Leonard Madden on his appointment as Rector of Bray, Co. Wicklow. His institution will be in Christ Church, Bray at 7pm on Thursday September 19<sup>th</sup>. We shall be making a presentation to Leonard in September and if you would like to make a contribution towards this, please leave your donation in a sealed envelope marked 'LM Pres', with the Churchwardens or in the Cathedral Office.

**Housing sought:** Family of 4 along with their budgie and hamster are looking for a house to rent in Limerick City. Both my husband and myself work and our daughters attend Villiers School (starting in 6th yr) and St. Michaels N.S (currently in 5th class). We have been renting for the past 15yrs, so have all our own furniture, and take care of the houses we have rented, cut grass, hedging etc. If you hear or know of anywhere, could you please contact Julie Cade on 0833638026.

**Confirmation:** Candidates (not their parents or guardians) interested in receiving the sacrament of confirmation this October should contact a member of the clergy. Confirmation is administered to those in 2nd year of second-level education and above.

**Robes Keeper:** The Dean and Organist are looking for someone who would be interested in helping look after the choir robes in the Cathedral. More information from the Dean.

**Health and Safety Notices:** *Saint Michael's:* the side aisles are not in use until inspections, remedial works, etc are completed. *Cathedral:* on Sundays, the West door is closed at 11.30am (to avoid disruption). After that time, please use the South West Porch Entrance.

**Volunteer list for Cathedral:** The Dean would be glad to hear from anyone who is available to be included on a volunteer list for Cathedral events that require extra help at the door, in setting up chairs, and other activities. Please let the Dean or the Cathedral office know if you'd be willing to be on this rota and be contacted occasionally when large events are being held.

**Free lunchtime concerts in the Cathedral, all at 1.15pm:** Mary Culloty O'Sullivan (soprano) Tuesday 24<sup>th</sup> September.

**Cycles of prayer:** *Diocese:* Jesus declares in today's Gospel Reading from John, in a phrase hugely rich in meaning, that those who eat his flesh and drink his blood have eternal life, and will be raised up on the last day. We pray for the constant renewal of the Eucharistic life of the church as an experience of the beauty of holiness, a true glimpse of eternity in the present, and a source of inspiration and energy to be Christ's hands and eyes in the world we know and serve. Truly we are what we eat : we are the Body of Christ.

*Porvoo:* Church of Ireland: Diocese of Kilmore, Elphin and Ardagh, Bishop Ferran Glenfield.  
Evangelical Lutheran Church in Denmark: Diocese of Aarhus, Bishop Henrik Wigh-Poulsen.

*Anglican:* The Anglican Church of Melanesia

**Remembrance Book:** Lilian Maud Tardivel, Annette Cronin, Pamela Lusk, Robert Jordon, Dorothy O'Neil. Rev. Neil Osthuizen, Pearl White, Alan Oakley, Renata Franke and Myrtle Somers.

**Prayers for the Sick:** **Please note that the sick list will be cleared on September 1<sup>st</sup> and a new list created. Existing names may be reincluded upon request.**

Your prayers are asked for the sick in our community, especially, Emily; Mac; Alan Kennedy; Zandra; Kathleen Leddin; Martha McDermott; Sandra Pragnell; Danny Stone; Josh Stone; Terry Gibson; Sarah B; Cyril Foster; Patrick Hastings; Patricia Bourke; Jim K, Marie M, Gerry Grace, Mary Grace, Liz Kaldor, Trevor Richmond, Martin Hogan, Garrett Ryan, BO'D, Sue Gibson, Denis O'Connell, John Moore, Edel, Doris, Mary Catherine Finnegan, Jerry Murphy, Erica, Brigid, Valory, John Sparling, Pat O'Donnell, Mary O'Donnell, Mary Alicia Downes and Ron Ireland.

*NOTE: If you wish to place a name on the list, please email it to [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com). Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

### Rota of Readers & Refreshments

	18 <sup>th</sup> August	25 <sup>th</sup> August	1 <sup>st</sup> September	8 <sup>th</sup> September	15 <sup>th</sup> September
<b>REFRESHMENTS</b>					
<b>Saint Michael's</b>	Tony O'Connell	Ruth Lillie O'Connell			
<b>The Cathedral</b>	Keith O'Neill	Karen Wilson & Catherine Smith	Liz Lynam	Jemimah Egbulam	Keith O'Neill
<b>READERS</b>					
<b>Saint Michael's</b>	Bernard Amaeze	Sheelagh Morrow	John Shier	Margaret Brickenden	Lucy Kavanagh
<b>The Cathedral</b>	Noreen Elleker	Frank Sheahan	Lindsay Boyle	David Thompson	Paul Cabel
<b>FLOWERS</b>					
<b>The Cathedral</b>	Christine O'Neil	Christine O'Neil			

### CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy Email: [dean@limerick.anglican.org](mailto:dean@limerick.anglican.org); Tel: 061-338697. Day off: Friday
- The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Rd Email: [curate@limerick.anglican.org](mailto:curate@limerick.anglican.org); Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
  - The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.

Email: [cathedral@limerick.anglican.org](mailto:cathedral@limerick.anglican.org); Tel: 061-310293.

[www.lcp.limerick.anglican.org](http://www.lcp.limerick.anglican.org) Limerick City Parish ~ Weekly Newsletter – Deadline for notices 12 noon every Wednesday. To be added to the email circulation list: please email [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com)