
Saint Mary's, Saint Michael's and Ss John & Ailbe: 11th August 2024 ~ Trinity XI (Proper 14)

COLLECTS AND READINGS

Collect for the week: O God, you declare your almighty power most chiefly in showing mercy and pity: Mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ our Lord. Amen.

Old Testament Reading: 2 Samuel 18: 5-9, 15, 31-33

The king gave orders to Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.' The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

Psalms 130 (BCP p. 747)

Out of the depths have I cried to you, O Lord;

Lord, hear my voice; ♦ let your ears consider well the voice of my supplication.

If you, Lord, were to mark what is done amiss, ♦ O Lord, who could stand?

But there is forgiveness with you, ♦ so that you shall be feared.

I wait for the Lord; my soul waits for him; ♦ in his word is my hope.

My soul waits for the Lord, more than the night watch for the morning, ♦
more than the night watch for the morning.

O Israel, wait for the Lord, ♦ for with the Lord there is mercy;

With him is plenteous redemption ♦ and he shall redeem Israel from all their sins.

Epistle Reading: Ephesians 4: 25 - 5: 2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another,

tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

New Testament / Gospel Reading: John 6: 35, 41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Post-Communion Prayer: Lord of all mercy, we your faithful people have celebrated the memorial of that single sacrifice which takes away our sins and brings pardon and peace. By our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. Amen.

Hymns				
Saint Michael's	86	372	422	643
The Cathedral	634(ii)	683	92	372

Services are recorded and may be viewed online on www.churchservices.tv/limerickstmarys and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on www.churchservices.tv and www.saintmaryscathedral.ie/other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A-738650; Use QR code to donate to St Mary's online*



Services & Events

Date	Time	Event	Venue
Sunday 11 th <i>Trinity XI (Proper 14)</i>	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
	11.15	Morning Prayer	The Cathedral
Monday 12 th	10.30	Morning Prayer	The Cathedral
Tuesday 13 th	10.30	Morning Prayer	The Cathedral
Wednesday 14 th	10.30	Morning Prayer	The Cathedral
Thursday 15 th	10.30	Holy Communion	The Cathedral
Friday 16 th	10.30	Morning Prayer	The Cathedral
Saturday 17 th	10.30	Morning Prayer	The Cathedral
Sunday 18 th <i>Trinity XII (Proper 15)</i>	9.30	Holy Communion	Ss John & Ailbe, Abington
	10.00	Morning Prayer	St Michael's
	11.15	Holy Communion	The Cathedral

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request)

The Curate: Congratulations to our Curate, the Rev'd Dr Leonard Madden on his appointment as Rector of Bray, Co. Wicklow. His institution will be in Christ Church, Bray at 7pm on Thursday September 19th. We shall be making a presentation to Leonard in September and if you would like to make a contribution towards this, please leave your donation in a sealed envelope marked 'LM Pres', with the Churchwardens or in the Cathedral Office.

Housing sought: Family of 4 along with their budgie and hamster are looking for a house to rent in Limerick City. Both my husband and myself work and our daughters attend Villiers School (starting in 6th yr) and St. Michaels N.S (currently in 5th class). We have been renting for the past 15yrs, so have all our own furniture, and take care of the houses we have rented, cut grass, hedging etc. If you hear or know of anywhere, could you please contact Julie Cade on 0833638026.

Confirmation: Candidates (not their parents or guardians) interested in receiving the sacrament of confirmation this October should contact a member of the clergy. Confirmation is administered to those in 2nd year of second-level education and above.

Robes Keeper: The Dean and Organist are looking for someone who would be interested in helping look after the choir robes in the Cathedral. More information from the Dean.

***** Change*** Cathedral Clean up:** Help would be appreciated with the clean-up and organisation of the East yard in the Cathedral. This is being scheduled for Saturday 17th (please note new date) August at 11.30am.

UDYC Events: Please see attached flyer on ezine for details of upcoming events.

Health and Safety Notices: *Saint Michael's:* the side aisles are not in use until inspections, remedial works, etc are completed. *Cathedral:* on Sundays, the West door is closed at 11.30am (to avoid disruption). After that time, please use the South West Porch Entrance.

Volunteer list for Cathedral: The Dean would be glad to hear from anyone who is available to be included on a volunteer list for Cathedral events that require extra help at the door, in setting up chairs, and other activities. Please let the Dean or the Cathedral office know if you'd be willing to be on this rota and be contacted occasionally when large events are being held.

Free lunchtime concerts in the Cathedral, all at 1.15pm: Mary Culloty O'Sullivan (soprano) Tuesday 24th September.

Cycles of prayer: *Diocese:* We pray for our Diocesan Youth Council, striving to bring the vast areas of our diocese ever closer together through shared imaginative youth initiatives. This week we pray for (amongst other events organised by them this summer) the Junior Summer Camp taking place from 11 to 16 August at Muckross Church /Youth Venture Centre in Killarney. We also remember plans for the post - Confirmation weekend to be held in October for those confirmed throughout the diocese in 2024. *Porvoo:* Church of England: Diocese of Portsmouth, Bishop Jonathan Frost, Church of Sweden: Diocese of Stockholm, Bishop Andreas Holmberg. *Anglican:* The Anglican Church of Korea.

Remembrance Book: Liam Ryan, Ivan Cremins, The Ven. Wayne Carney, Teresa Allen, Trooper Jason Thomas Brown, Emily Florence Frost, Alison Erridge and Patrick Mc Namara.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Emily; Mac; Alan Kennedy; Zandra; Kathleen Leddin; Martha McDermott; Sandra Pragnell; Danny Stone; Josh Stone; Terry Gibson; Sarah B; Cyril Foster; Patrick Hastings; Patricia Bourke; Jim K, Marie M, Gerry Grace, Mary Grace, Liz Kaldor, Trevor Richmond, Martin Hogan, Garrett Ryan, BO'D, Sue Gibson, Denis O'Connell, John Moore, Edel, Doris, Mary Catherine Finnegan, Jerry Murphy, Erica, Brigid, Valory, John Sparling, Pat O'Donnell and Mary O'Donnell. *NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

Rota of Readers & Refreshments

	11 th August	18 th August	25 th August	1 st September	8 th September
REFRESHMENTS					
Saint Michael's	Sheila Cusack	Tony O'Connell	Ruth Lillie O'Connell		
The Cathedral	Alyson McHugh	Keith O'Neill	Karen Wilson & Catherine Smith	Jemimah Egbulam	Liz Lynam
READERS					
Saint Michael's	Tracey Lyttle	Bernard Amaeze	Sheila Morrow	John Shier	Margaret Brickenden
The Cathedral	Heather Peirce	Noreen Elleker	Frank Sheahan	Lindsay Boyle	David Thompson
FLOWERS					
The Cathedral	Christine O'Neil	Christine O'Neil	Christine O'Neil		

CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
 - The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Rd
Email: curate@limerick.anglican.org; Tel: 061-302038. Day off: Monday
 - Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
 - The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org; Tel: 061-310293. www.lcp.limerick.anglican.org
- Limerick City Parish ~ Weekly Newsletter – Deadline for notices 12 noon every Wednesday.
To be added to the email circulation list: please email limerickcityparishnews@gmail.com