



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe: 23rd June 2024 ~ Trinity IV (Proper 7)

COLLECTS AND READINGS

Collect for the week: O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that with you as our ruler and guide, we may so pass through things temporal that we finally lose not the things eternal: Grant this, heavenly Father, for Jesus Christ's sake, our Lord.

Old Testament Reading: Job 38: 1-11

Then the LORD answered Job out of the whirlwind: 'Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. 'Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? 'Or who shut in the sea with doors when it burst out from the womb? — when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, "Thus far shall you come, and no farther, and here shall your proud waves be stopped"?'

Psalm 107: 1-3, 23-32 (BCP p. 719)

O give thanks to the Lord, for he is gracious, ♦ for his steadfast love endures for ever.

Let the redeemed of the Lord say this, ♦ those he redeemed from the hand of the enemy,
And gathered out of the lands from the east and from the west, ♦ from the north and from
the south. Those who go down to the sea in ships ♦ and ply their trade in great waters,
These have seen the works of the Lord ♦ and his wonders in the deep.

For at his word the stormy wind arose ♦ and lifted up the waves of the sea.

They were carried up to the heavens and down again to the deep; ♦ their soul melted away in
their peril. They reeled and staggered like a drunkard ♦ and were at their wits' end. Then they
cried to the Lord in their trouble, ♦ and he brought them out of their distress. He made the
storm be still ♦ and the waves of the sea were calmed.

Then were they glad because they were at rest, ♦ and he brought them to the haven they
desired. Let them give thanks to the Lord for his goodness ♦ and the wonders he does for his
children.

Let them exalt him in the congregation of the people ♦ and praise him in the council of the
elders.

Epistle Reading: 2 Corinthians 6: 1-13

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.' See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

New Testament / Gospel Reading: Mark 4: 35-41

On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

Post Communion Prayer: Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope. Teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord.

HYMNS				
Saint Michael's	581	683	666	593
The Cathedral	584(i)	652	612	

Services are recorded and may be viewed online on www.churchservices.tv/limerickstmarys and www.saintmaryscathedral.ie within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on www.churchservices.tv and www.saintmaryscathedral.ie/other Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A-738650; Use QR code to donate to St Mary's online*



Services & Events

Date	Time	Event	Venue
Sunday 23rd	11.15	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
Trinity IV (Proper 7)	11.15	Choral Matins	The Cathedral
Monday 24 th	10.30	Morning Prayer	The Cathedral
Tuesday 25 th	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Concert	The Cathedral
Wednesday 26 th	10.30	Morning Prayer	The Cathedral
Thursday 27 th	10.30	Holy Communion	The Cathedral
Friday 28 th	10.30	Morning Prayer	The Cathedral

Saturday 29 th	10.30	Morning Prayer	The Cathedral
Sunday 30 th <i>Trinity V (Proper 8)</i>	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
	11.15	Choral Eucharist	The Cathedral

THIS WEEK'S NOTICES

(Where attachments are mentioned, hard copies are available through the parish office upon request)

Abington News: Morning Prayer in Abington on Sunday 23rd June will be at 11.15am. This is to facilitate the bring and share picnic which follows the service. The picnic will take place in the church grounds from approx. 12.30 pm. All Welcome

Sunday Club: The Sunday Club in St Mary's Cathedral usually meets on the first and third Sundays of the month during the 11.15 service. Children come out during the first hymn and return during the administration thus remaining part of the worshipping community. Godly Play, seed planting, craft, christingles, puzzles and of course colouring for display on the Club noticeboard have all featured. We have had fun and have been delighted on a number of occasions to welcome visiting children. We have also collected regularly for the Limerick St Vincent de Paul and the 'piggy bank' is certainly gaining weight! We had a very successful cinema outing before Christmas...a repeat is already planned!! Furthermore a number of Sunday Club children regularly participate in the liturgy...reading, collecting and very importantly welcoming! Resumption of the Sunday Club's activities is being planned for September

Wanted! The Dean is looking for a TV and some domestic furniture. Please contact him for more information.

Irish Chamber Orchestra Friends' Membership: Please see attached flyer.

UDYC Events: Please see attached flyer on ezine for details of upcoming events

Healer prayer group: This group was active in the parish some years ago and the Dean is exploring the idea of restarting it. The group would probably meet once a month in the Cathedral to pray for the sick and those in need. They might also partake in the study of some Bible passages. If you are interested please let the Dean know.

Free lunchtime talks in the Cathedral, all at 1.15pm: 11th June: Talk: Worship the Lord in the Beauty of Holiness (ecclesiastical music). Further concerts in June, see attached poster.

Volunteer list for Cathedral: The Dean would be glad to hear from anyone who is available to be included on a volunteer list for Cathedral events that require extra help at the door, in setting up chairs, and other activities. Please let the Dean or the Cathedral office know if you'd be willing to be on this rota and be contacted occasionally when large events are being held.

Diocesan cycle of prayer: This week we keep on Monday the Feast of the Birth of S John the Baptist (ancient Midsummer's Day) and on Saturday the Feast of St Peter, We give thanks for Johns bold willingness to point beyond himself and to the Christ ; we rejoice in the fickle Peters willingness to accept forgiveness, to embrace leadership and to be entrusted with the command to feed the flock. We pray that all called to pastoral ministry in our time will take these ancient saints as their examples and duly balance courage with humility and zeal with modesty. *Anglican Cycle of Prayer:* The Church of England *Porvoo Prayer Diary:* Church of Sweden: Diocese of Visby, and Evangelical Lutheran Church in Denmark: Diocese of Copenhagen.

Remembrance Book: Please remember those whose anniversaries occur at this time, among them: Ursula Walsh, Annie (Lily) Millar, Lulu Gyles, Marierse Spowart, Jack Stockil, Sheila Fogerty, Patrick Thompson and Kayamba Mashini.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Emily; Mac; Alan Kennedy; Zandra; Kathleen Leddin; Martha McDermott; Sandra Pragnell; Danny Stone; Josh Stone; Terry Gibson; Sarah B; Cyril Foster; Patrick Hastings; Patricia Bourke; Jim K, Marie M, Gerry Grace, Mary Grace, Liz Kaldor, Trevor Richmond, Martin Hogan, Garrett Ryan, BO'D, Sue Gibson, Denis O'Connell, John Moore, Edel, Doris, Mary Catherine Finnegan, Jerry Murphy, Frank O'Connor, Baby Sloane O'Hanlon, Erica, Brigid, and John Sparling. *NOTE: If you wish to place a name on the list, please email it to limerickcityparishnews@gmail.com. Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

Rota of Readers & Refreshments

	16 th June	23 rd June	30 th June	7 th July	14 th July
REFRESHMENTS					
Saint Michael's	Keith & Sheelagh Morrow	John & Kayt Shier	Richard & Margaret Brickenden	Justin & Edel O'Connor	tbc
The Cathedral	Keith O'Neill	Catherine Smith, Karen Wilson & Evelyn Sloane	Cathedral Team	Jemimah Egbulam	tbc
READERS					
Saint Michael's	Stephen Fairbrother	Daire McNamara	Lucy Kavanagh	Tbc	tbc
The Cathedral	David Thompson	Paul Cabel	Tamasin Plowman	Tbc	tbc
FLOWERS					
The Cathedral	Jemimah Egbulam	Jemimah Egbulam	Jemimah Egbulam	Jemimah Egbulam	tbc

CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
 - The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Rd
Email: curate@limerick.anglican.org; Tel: 061-302038. Day off: Monday
 - Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
 - The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org; Tel: 061-310293. www.lcp.limerick.anglican.org
- Limerick City Parish ~ Weekly Newsletter – Deadline for notices 12 noon every Wednesday.
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