

## WEEKLY NEWSLETTER

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*Saint Mary's, Saint Michael's and Ss John & Ailbe: June 2<sup>nd</sup> 2024 ~ Trinity I (Proper 4)*

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### COLLECTS AND READINGS

**Collect for the week:** God, the strength of all those who put their trust in you: Mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you, both in will and deed; through Jesus Christ our Lord. Amen.

#### **Old Testament Reading: Deuteronomy 5: 12-15**

Observe the sabbath day and keep it holy, as the Lord your God commanded you. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the sabbath day.

#### **Psalm 81: 1-10 (p. 686)**

Sing merrily to God our strength, ♦ shout for joy to the God of Jacob.

Take up the song and sound the timbrel, ♦ the tuneful lyre with the harp.

Blow the trumpet at the new moon, ♦ as at the full moon, upon our solemn feast day.

For this is a statute for Israel, ♦ a law of the God of Jacob,

The charge he laid on the people of Joseph, ♦ when they came out of the land of Egypt.

I heard a voice I did not know, that said: ♦ 'I eased their shoulder from the burden; their hands were set free from bearing the load.

'You called upon me in trouble and I delivered you; ♦ I answered you from the secret place of thunder and proved you at the waters of Meribah.

'Hear, O my people, and I will admonish you: ♦ O Israel, if you would but listen to me!

'There shall be no strange god among you; ♦ you shall not worship a foreign god.

'I am the Lord your God, who brought you up from the land of Egypt; ♦ open your mouth wide and I shall fill it.'

#### **Epistle Reading: 2 Corinthians 4: 5-12**

For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

#### **New Testament / Gospel Reading: St Mark 2: 23 - 3: 6**

One sabbath he was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any

but the priests to eat, and he gave some to his companions.’ Then he said to them, ‘The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.’ Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, ‘Come forward.’ Then he said to them, ‘Is it lawful to do good or to do harm on the sabbath, to save life or to kill?’ But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, ‘Stretch out your hand.’ He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

**Post Communion Prayer:** Eternal Father, we thank you for nourishing us with these heavenly gifts. May our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. Amen.

Services are recorded and may be viewed online on [www.churchservices.tv/limerickstmarys](http://www.churchservices.tv/limerickstmarys) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie) within the following 90 days. After that time recordings will be destroyed; however, exceptions may apply and recordings could last longer if the Cathedral requires it. Occasional services may be recorded and will be advertised on [www.churchservices.tv](http://www.churchservices.tv) and [www.saintmaryscathedral.ie/other](http://www.saintmaryscathedral.ie/other) Cathedral communication channels. If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear in the recording, please advise Churchwardens who will guide you to an area which will not be filmed and will make arrangements for you to receive Holy Communion there. *NRSV (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; Material in this service reproduced from BCP under licence © RCB 2004; One License Number: A-738650; Use QR code to donate to St Mary's online*



### Services & Events

Date	Time	Event	Venue
Sunday 2 <sup>nd</sup> <i>Trinity I</i> <i>Proper 4</i>	10.00	No service	Ss John & Ailbe, Abington
	10.00	Morning Prayer	St Michael's
	11.15	Choral Eucharist	The Cathedral
Monday 3 <sup>rd</sup>	10.30	Morning Prayer	The Cathedral
Tuesday 4 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime Talk	The Cathedral
Wednesday 5 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
	20.00	Committee meeting	Saint Michael's
Thursday 6 <sup>th</sup>	10.30	Holy Communion	The Cathedral
Friday 7 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Saturday 8 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
	14.00	Clean-Up	Abington
Sunday 9 <sup>th</sup> <i>Trinity I / St Columba</i> <i>Proper 4</i>	10.00	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	St Michael's
	11.15	Choral Matins	The Cathedral
	17.00	Choral Evensong	St Flannan's Cathedral, Killaloe

### THIS WEEK'S NOTICES

*(Where attachments are mentioned, hard copies are available through the parish office upon request)*

**Sympathy:** We extend our deepest sympathy to John, Gillian and the Cheatley family on the death of John's mother, Joan. We hold them all in our thoughts and prayers.

**Appointment:** We are delighted to announce the appointment of Ms Evelyn Egan as Clerical Administrator in the Cathedral. She began employment on 1<sup>st</sup> June and we wish her well in this role.

**Healer prayer group:** This group was active in the parish some years ago and the Dean is exploring the idea of restarting it. The group would probably meet once a month in the Cathedral to pray for the sick and those in need. They might also partake in the study of some Bible passages. If you are interested please let the Dean know.

**ICO:** Please see attached flyer.

**UDYC Event:** UDYC Annual General Meeting, 8th June 2024 at 3:00 PM (Light refreshments available from 2:30 PM) in the Synod Hall, Tuam. All welcome.

**Installation:** The bishop has appointed the Dean of Limerick, the Dean of Killaloe and the Rev'd Alex Morohan (Ballina) to the chapter of Tuam Cathedral. They will be at 5pm on Sunday 16 June in Saint Mary's Cathedral, Tuam. All are very welcome to attend. \*\*\*A bus is being organised for this event, if you would like to travel on same (€10 pp), please contact the Dean.

**Lifts to Killaloe:** The Choir of the Cathedral have been invited to sing Choral Evensong in Killaloe Cathedral on Sunday 9<sup>th</sup> June at 5pm. If anyone is interested in attending and can offer car lifts to choir members, please let the Dean or Organist know. Thank you.

**Prayers for exams:** As we approach the end of the School year, we hold in Prayer all those sitting exams. For those preparing such events – remember it is only an exam and we are all here to support you. The following prayer is for use by all those sitting an examination – Dear Lord, I want to do my best to fulfil the potential you have given me. Help me:

- to stay calm
- to keep things in perspective and be content with the best I can do on the day
- to look out for my friends who need a bit of encouragement, and
- to always remember that the real test is how closely I can follow in your way.

**Free lunchtime talks in the Cathedral, all at 1.15pm:** 4<sup>th</sup> June: Talk: Worship the Lord in the Beauty of Holiness (ecclesiastical silver). 11<sup>th</sup> June: Ecclesiastical Music. Further talks and concerts in June.

**Saint Michael's Committee:** Will meet in the Sunday School room of the church on Wednesday 5<sup>th</sup> June at 8pm. All Welcome.

**Health and Safety Notices:** *Saint Michael's:* the side aisles are not in use until inspections, remedial works, etc are completed. *Cathedral:* on Sundays, the West door is closed at 11.30am (to avoid disruption). After that time, please use the South West Porch Entrance.

**Havergal and Roxboro Schools Charity** provides financial assistance to Church of Ireland families in the United Dioceses of Limerick and Killaloe as they seek to meet education costs, mainly for second level but also towards third level. If you would like to apply or re-apply, please bring a completed copy of the attached application form to the Dean to discuss the potential for him to add his observations, which is a pre-requisite for submission. The attached letter gives the closing date and return address for applications.

### **The Cathedral Graveyard:**

- We are fortunate to have such a beautiful and peaceful space right in the middle of the city. In recent times the grounds have been enhanced by the inclusion of a wild-flower garden, new seating and planting. If you would like to make a donation towards the upkeep of the grounds, please do so through the Cathedral office or contact Lindsay Boyle or the Dean.
- In an effort to maintain flowerbeds around the Cathedral grounds, we are exploring the idea of individuals/families (in memory of a loved one) either adopting a flowerbed (whereby they take care of maintaining same) or sponsoring a flowerbed (making a donation of €200 per annum for the upkeep & maintenance of same). For more information, please consult the Dean.

**Volunteer list for Cathedral:** The Dean would be glad to hear from anyone who is available to be included on a volunteer list for Cathedral events that require extra help at the door, in setting up chairs, and other activities. Please let the Dean or the Cathedral office know if you'd be willing to be on this rota and be contacted occasionally when large events are being held.

**Accommodation sought:** Rev Jimmy Ogwal is looking for accommodation from May onwards until Jun 2025, while he completes his postgraduate research at Mary Immaculate College. A single room will suffice.

**Diocesan cycle of prayer:** We enter the Sundays after Trinity, the long 'green' season with its emphasis on spiritual growth and of assimilation of all we have learned during the first more varied and dramatic half of the church year. We give thanks for the Gospel of Mark, this year so often our companion in the Way in the Sunday readings .... remembering its pace, its careful attention to detail, its call to avoid delay in everyday matters of discipleship. We remember all who will stand and who will vote in local and European elections this week ... and also in the first direct election for a mayor of Limerick. *Anglican Cycle of Prayer:* Iglesia Anglicana de la Region Central de America. *Porvoo Prayer Diary:* The Lusitanian Church (Portugal) & The Latvian Evangelical Lutheran Church Abroad.

**Remembrance Book:** Please remember those whose anniversaries occur at this time. Among them: Pamela Harvey, Emily Shermin, Desmond Mc Carthy, Conor O'Brien (Lord Inchiquin), Rosemary Nash, Margaret Gladys Walsh, Fred Bond and Det. Garda Jerry Mc Cabe.

**Prayers for the Sick:** Your prayers are asked for the sick in our community, especially, Emily; Mac; Alan Kennedy; Zandra; Kathleen Leddin; Martha McDermott; Sandra Pragnell; Danny Stone; Josh Stone; Terry Gibson; Sarah B; Cyril Foster; Patrick Hastings; Patricia Bourke; Jim K, Marie M, Gerry Grace, Mary Grace, Liz Kaldor, Trevor Richmond, Martin Hogan, Garrett Ryan, BO'D, Sue Gibson, Denis O'Connell, John Moore, Edel, Doris, Mary Catherine Finnegan, Jerry Murphy, Frank O'Connor, Baby Sloane O'Hanlon, Erica, Brigid, and John Sparling. *NOTE: If you wish to place a name on the list, please email it to [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com). Under GDPR please ensure you have the consent of the named person(s). For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

### Rota of Readers & Refreshments

	26 <sup>th</sup> May	2 <sup>nd</sup> June	9 <sup>th</sup> June	16 <sup>th</sup> June	23 <sup>rd</sup> June
<b>REFRESHMENTS</b>					
<b>Saint Michael's</b>	Ruth Lillie O'Connell	Nicholas & Annabelle Griffin	Susi Eckhardt	Keith & Sheelagh Morrow	John & Kayt Shier
<b>The Cathedral</b>	Brian Sheppard	Lillian Okechukwu	Alyson McHugh	Keith O'Neill	Catherine Smith, Karen Wilson & Evelyn Sloane
<b>READERS</b>					
<b>Saint Michael's</b>	Sheelagh Morrow	John Shier	Margaret Brickenden	Stephen Fairbrother	Daire McNamara
<b>The Cathedral</b>	Noreen Ellerker	Frank Sheahan	Lindsay Boyle	David Thompson	Paul Cabel
<b>FLOWERS</b>					
<b>The Cathedral</b>	Lindsay Boyle	Jemimah Egbulam	Jemimah Egbulam	Jemimah Egbulam	Jemimah Egbulam

### CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy  
Email: [dean@limerick.anglican.org](mailto:dean@limerick.anglican.org); Tel: 061-338697. Day off: Friday
  - The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Rd  
Email: [curate@limerick.anglican.org](mailto:curate@limerick.anglican.org); Tel: 061-302038. Day off: Monday
  - Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
  - The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.  
Email: [cathedral@limerick.anglican.org](mailto:cathedral@limerick.anglican.org); Tel: 061-310293. [www.lcp.limerick.anglican.org](http://www.lcp.limerick.anglican.org)
- Limerick City Parish ~ Weekly Newsletter – Deadline for notices 12 noon every Wednesday.  
To be added to the email circulation list: please email [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com)