



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's, and Ss John & Ailbe
17th July 2023: Trinity VI, Proper 10

COLLECTS AND READINGS

Collect of the week: Merciful God, you have prepared for those who love you such good things as pass our understanding: Pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

First Reading ~ Isaiah 55: 10-13

For as the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it. For you shall go out in joy, and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the LORD for a memorial, for an everlasting sign that shall not be cut off.

Psalm 65: 8-13 (BCP p. 662)

You visit the earth and water it; ♦ you make it very plenteous.

The river of God is full of water; ♦ you prepare grain for your people, for so you provide for the earth.

You drench the furrows and smooth out the ridges; ♦ you soften the ground with showers and bless its increase.

You crown the year with your goodness, ♦ and your paths overflow with plenty.

May the pastures of the wilderness flow with goodness ♦ and the hills be girded with joy.

May the meadows be clothed with flocks of sheep ♦ and the valleys stand so thick with corn that they shall laugh and sing.

Epistle Reading ~ Romans 8:1-11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law – indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is

dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Gospel/New Testament Reading ~ St Matthew 13: 1-9, 18-23

Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! [...] Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Post-Communion Prayer: God of our pilgrimage, you have led us to the living water. Refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. **Amen.**

Hymns:	Saint Michael's	384	104	709	373
	Saint Mary's	104	385	294	492

Service Notes

- Services will be recorded and may be viewed online on: www.churchservices.tv/limerickstmarys and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear, please advise the Churchwardens who will guide you to an area of the cathedral which will not be filmed.
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Services & Events

Date	Time	Event	Venue
Sunday 16 th Trinity VI	09.30	Holy Communion	Ss John & Ailbe, Abington
	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral
Monday 17 th	10.30	Morning Prayer	The Cathedral
Tuesday 18 th	10.30	Morning Prayer	The Cathedral
Wednesday 19 th	10.30	Morning Prayer	The Cathedral
Thursday 20 th	10.30	Holy Communion	The Cathedral
Friday 21 st	10.30	Morning Prayer	The Cathedral

Saturday 22 nd	10.30	Morning Prayer	The Cathedral
Sunday 23 rd <i>Trinity VII</i>	10.00	Holy Communion	Saint Michael's
	10.30	Morning Prayer	Ss John & Ailbe, Abington
	11.15	Morning Prayer	The Cathedral

THIS WEEK'S NOTICES

Sympathy: Our sympathy and condolences to the family and friends of Emma Brickenden who died this week. Our thoughts and prayers are with them at this time.

UDYC: A reminder that the UDYC Summer Camps are taking place shortly. Full details on attachments (ezine).

Childrens Ministry: Please find attached (ezine) some resources from the Church of Ireland Childrens' & Families Board

Choir recruitment: We are currently in the process of recruiting new singers to start in the choir in September, so if you know of anyone who likes singing and who might be interested in joining the cathedral choir do please encourage them to be in touch with the Choirmaster and Organist, Peter Barley.

Mothers' Union: Please find attached (ezine) notice of an upcoming conference in partnership with some other missionary organisations.

Barnardos: Claire Jackson continues to collect used postage stamps for delivery to the Irish children's charity Barnardos where they are most gratefully received. A huge thank you to those who take the trouble to save such stamps and a word of encouragement to others to do so!!!

Murroe-Boher Historical Society – Annual Excursion. This year we are travelling to Waterford. Bus leaving Murroe Church at 7.30 a.m. on Saturday, July 22. The first stop on our itinerary is the Copper Coast Geopark Visitor Centre in Bunmahon where we will do the Geoheritage Mining Tour, beginning at 10 a.m. and then we on to the King of the Vikings virtual exhibition in Waterford City at 2.30 p.m. Bus is free to members or €20 for non-members. Attractions and food extra. We are hoping to stop for a brief comfort break on our way to Bunmahon. We will have lunch in the Visitor's Centre and we have a dinner reservation for the Tower Hotel in Waterford. Also, if we make good time, there may be the opportunity to further explore the Viking Triangle in Waterford City after the virtual tour. To reserve your place on the tour, please contact murroeboherhs@gmail.com or Thomas Holmes on 086 3642673 or Michael Hassett on 089 613 2507 before July 20. Closing date for booking your place is July 20. Book early to avoid disappointment.

Wanted: A defibrillator for Saint Michael's Church and Hall. Anyone interested in gifting one is invited to speak with the Dean.

Cathedral Shop

Cathedral Tie: The newly commissioned silk Cathedral Tie is now available for purchase from the Cathedral Shop (€30 each)

Calendars: A specially commissioned 2024 calendar with images of the cathedral is now available for purchase from the Cathedral Shop (€10 each)

Cathedral Clean up: Volunteers for a clean up of the grounds are invited to speak with the Dean.

Plant a Plant: The Dean is exploring an idea (stolen from our friends in Galway) of inviting people to donate and ‘plant a plant’ in the grounds of the Cathedral and Abington. If you are interested, please speak with him.

Silver Cleaning: Anyone interested in helping with the cleaning of silver in each of our church buildings is invited to speak with the Dean.

REFRESHMENTS	16 th July	23 rd July	30 th July	6 th August
Saint Michael’s	Richard Allen	Gillian Cheatley	Trevor & Tracey Lytle	
The Cathedral	Keith O’Neil	Brian Sheppard	Shawn & Carrie Jamieson	Lillian Okechukwu
READERS				
Saint Michael’s	Keith Morrow	Stephen Fairbrother	Bernard Amaeze	Richard Allen
The Cathedral	Frank Sheahan	Lindsay Boyle	Alan Bunworth	

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Eileen Little; Klaus Latzel; Lily Copley; Joanne Fulton; Douglas Leech; Lily Spencer; Jane Carway; Tom Creamer, and Penny Housley.

Cycle of Prayer: *Church of Ireland:* The wider church is praying for our diocese and for Bishop Michael. *Anglican Cycle of Prayer/Diocese:* As we welcome so many visitors especially to our coastal churches, we pray that they may experience us as warm, inclusive and generous ... and that they may return home with a sense of refreshment and peace.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Emily; Mac; Alan Kennedy; Zandra; Kathleen Leddin; Martha McDermott; Dean Sandra Pragnell; Daniel O’Connell; Danny Stone; Josh Stone; Terry Gibson; Sarah B; Cyril Foster; Frances (Kokie) Moore, Patrick Hastings; Patricia Bourke; Jim K, and Marie M.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

CONTACT DETAILS

- The Very Rev’d Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
- The Rev’d Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Road, Limerick
Email: curate@limerick.anglican.org; Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary’s Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com

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