

## WEEKLY NEWSLETTER

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*Saint Mary's, Saint Michael's, and Ss John & Ailbe*  
*2<sup>nd</sup> July 2023: Trinity IV, Proper 8*

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### COLLECTS AND READINGS

**Collect of the week:** Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: Give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ our Lord. **Amen.**

### First Reading ~ Genesis 22: 1-14

After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, 'Father!' And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?' Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place 'The Lord will provide'; as it is said to this day, 'On the mount of the Lord it shall be provided.'

### Psalm 13 (BCP p.605)

How long will you forget me, O Lord; for ever? ♦ How long will you hide your face from me?

How long shall I have anguish in my soul and grief in my heart, day after day? ♦ How long shall my enemy triumph over me?

Look upon me and answer, O Lord my God; ♦ lighten my eyes, lest I sleep in death; Lest my enemy say, 'I have prevailed against him,' ♦ and my foes rejoice that I have fallen.

But I put my trust in your steadfast love; ♦ my heart will rejoice in your salvation.

I will sing to the Lord, ♦ for he has dealt so bountifully with me.

## Epistle Reading ~ Romans 6: 12-23

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

## Gospel/New Testament Reading ~ St Matthew 10: 40-42

‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward’.

**Post-Communion Prayer:** O God, whose beauty is beyond our imagining and whose power we cannot comprehend: Give us a glimpse of your glory on earth but shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. **Amen.**

<b>Hymns:</b>	<b>Saint Michael’s</b>	<b>381</b>	<b>74</b>	<b>517</b>	<b>668</b>
	<b>Saint Mary’s</b>	<b>59</b>	<b>517</b>	<b>597</b>	<b>618</b>

## Service Notes

- Services will be recorded and may be viewed online on: [www.churchservices.tv/limerickstmarys](http://www.churchservices.tv/limerickstmarys) and the Cathedral website ([www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie)) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will be advertised on both websites [www.churchservices.tv](http://www.churchservices.tv) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie) and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office. If you do not wish to appear, please advise the Churchwardens who will guide you to an area of the cathedral which will not be filmed.
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## Services & Events

Date	Time	Event	Venue
Sunday 2 <sup>nd</sup> <i>Trinity IV</i>	10.00	Morning Prayer	Saint Michael's
		No Service	Ss John & Ailbe, Abington
	11.15	Holy Communion	The Cathedral
	14.00	Open day	Ss John & Ailbe, Abington
Monday 3 <sup>rd</sup>	10.30	Morning Prayer	The Cathedral
Tuesday 4 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime concert	The Cathedral
Wednesday 5 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Thursday 6 <sup>th</sup>	10.30	Holy Communion	The Cathedral
Friday 7 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Saturday 8 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Sunday 9 <sup>th</sup> <i>Trinity V</i>	10.00	Holy Communion	Saint Michael's
	10.30	Morning Prayer	Ss John & Ailbe, Abington
	11.15	Morning Prayer	The Cathedral

## THIS WEEK'S NOTICES

**Sympathy:** We offer our sympathy, thoughts and prayers to Sam Walsh and his family on the death of his wife, Ursula.

**Cathedral Concerts:** Please see attached notice (ezine) for details.

**Plant a Plant:** The Dean is exploring an idea (stolen from our friends in Galway) of inviting people to donate and 'plant a plant' in the grounds of the Cathedral and Abington. If you are interested, please speak with him.

**Silver Cleaning:** Anyone interested in helping with the cleaning of silver in each of our church buildings is invited to speak with the Dean.

**Request:** If anyone would like to donate a small (one- or two-drawer) file cabinet, Saint Mary's Cathedral would be very grateful to receive one.

**Abington Church:** Open day on Sunday 2<sup>nd</sup> July from 2 to 4 p.m. Information available on the church from a religious, historical and cultural viewpoint. Do drop into this beautiful building to browse, meditate, or pray.

**Mothers' Union:** Please see attached notice (ezine) for details of an upcoming conference.

**UDYC** returns with three very exciting summer events! **See attachment (ezine).**

REFRESHMENTS	2 <sup>nd</sup> July	9 <sup>th</sup> July	16 <sup>th</sup> July
Saint Michael's	Daire McNamara	Susi Eckhardt	
The Cathedral	Jemimah Egbulam	Liz Lynam	Keith O'Neil
READERS			
Saint Michael's	John Shier	Tracey Lyttle	Keith Morrow
The Cathedral	Heather Peirce		

**Remembrance Book:** Please remember those whose anniversaries occur at this time among them: Conner Jackson, Geraldine Hely Hutchinson, June Mc Elveen, Sandy Martin and Evelyn Robinson.

**Cycle of Prayer:** *Church of Ireland:* The wider church is praying for our diocese and for Bishop Michael. *Anglican Cycle of Prayer:* Igreja Episcopal Anglicana do Brasil (the Episcopal Anglican Church of Brazil). *Diocese:* We pray for the disabled and differently abled, that they may live life to the fullest in the knowledge of Christ's love.

**Prayers for the Sick:** Your prayers are asked for the sick in our community, especially, Harold Armstrong; Sylvia Martin; Emily; Tom, Moira Lowry; Mac; Alan Kennedy; Zandra; Stephen Richards; Kathleen Leddin; Marie O'Connor; Sinead; Martha McDermott; Ava Colohan; Aileen Henderson; Rose McNamama; Dean Sandra Pragnell; Patrick; Brian; Barbara Farnley; Pat O'Donnell; Trevor Richmond; Terry Gibson; Rosaleen Moloney; Catherine Coulter; Michael Downes; Catherine Slattery; Helen; Tim; William Downes; Anne Plowman; Michael Plowman; Maureen Bramwell; Daniel O'Connell; Jim K; Stephanie K, Marie M; John Heaton; Sarah B; Danny Stone; Josh Stone, and Cyril Foster.

**PLEASE NOTE THAT THE PRAYER LIST WILL BE CLEARED ON 30<sup>TH</sup> JUNE 2023. A NEW LIST WILL BEGIN ON 1<sup>ST</sup> JULY – IF YOU WISH TO HAVE A NAME INSERTED ON THE LIST OR AN EXISTING NAME RE-INCLUDED PLEASE EMAIL THE NEWSLETTER TEAM (EMAIL BELOW) OR LET A MEMBER OF THE CLERGY TEAM KNOW.**

*NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com). Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

## CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy  
Email: [dean@limerick.anglican.org](mailto:dean@limerick.anglican.org); Tel: 061-338697. Day off: Friday
- The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Road, Limerick  
Email: [curate@limerick.anglican.org](mailto:curate@limerick.anglican.org); Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.  
Email: [cathedral@limerick.anglican.org](mailto:cathedral@limerick.anglican.org); Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

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