



WEEKLY NEWSLETTER

*Saint Mary's, Saint Michael's, and Ss John & Ailbe
26th February 2023: The First Sunday in Lent*

COLLECTS AND READINGS

Collect of the week: Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: Give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ our Lord. **Amen.**

Genesis 2: 15-17, 3: 1-7: The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalm 32 (BCP p.672)

Happy the one whose transgression is forgiven, ♦ and whose sin is covered.

Happy the one to whom the Lord imputes no guilt, ♦ and in whose spirit there is no guile.

For I held my tongue; ♦ my bones wasted away through my groaning all the day long.
Your hand was heavy upon me day and night; ♦ my moisture was dried up like the drought
in summer.

Then I acknowledged my sin to you ♦ and my iniquity I did not hide.

I said, "I will confess my transgressions to the Lord," ♦ and you forgave the guilt of my sin.

Therefore let all the faithful make their prayers to you in time of trouble; ♦ in the great
water flood, it shall not reach them.

You are a place for me to hide in; you preserve me from trouble; ♦ you surround me with
songs of deliverance.

"I will instruct you and teach you in the way that you should go; ♦ I will guide you with my
eye.

"Be not like horse and mule which have no understanding; ♦ whose mouths must be held
with bit and bridle,
or else they will not stay near you."

Great tribulations remain for the wicked, ♦ but mercy embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord; ♦ shout for joy, all who are true of heart.

Romans 5: 12-19: Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man’s sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man’s trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man’s trespass led to condemnation for all, so one man’s act of righteousness leads to justification and life for all. For just as by the one man’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.

Matthew 4: 1-11: Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’” Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down; for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” Then the devil left him, and suddenly angels came and waited on him.

Post-Communion Prayer: Lord God, you renew us with the living bread from heaven. Nourish our faith, increase our hope, strengthen our love, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

Hymns:	Saint Michael’s	207	218	400	232	
	Saint Mary’s	207	687	652	553	554

Service Notes

- Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.
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Services & Events

Date	Time	Event	Venue
Sunday 26 th <i>Lent I</i>	9.30	Morning Prayer	Ss John & Ailbe, Abington
	10.00	Holy Communion	Saint Michael's
	11.15	Morning Prayer	The Cathedral
Monday 27 th	10.30	Morning Prayer	The Cathedral
Tuesday 28 th	10.30	Morning Prayer	The Cathedral
	19.30	Fund-raising meeting	Saint Michael's
Wednesday 1 st	10.30	Morning Prayer	The Cathedral
Thursday 2 nd	10.30	Holy Communion	The Cathedral
Friday 3 rd	10.30	Morning Prayer	The Cathedral
	19.30	World Day of Prayer service	The Cathedral
Saturday 4 th	10.30	Morning Prayer	The Cathedral
Sunday 5 th <i>Lent II</i>	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral
		NO SERVICE	Ss John & Ailbe, Abington

THIS WEEK'S NOTICES

From the Dean:

As Lent gets underway, I invite you to consider engaging with one (or even more!) of the following

- Attending a daily service in the Cathedral (times above)
- Joining the diocesan webinar on St Matthew (details attached on the e-zine)
- Engaging with the Lenten talks hosted by Killaloe Cathedral (details attached on the e-zine)

Sympathy: We extend our sympathy to

- Adi Gilmour and her family on the death of her brother-in-law, Ron Burry.
- Edward Manley and his family on the death of his mother, Jane.
- Our former bishop, +Kenneth Kearon and his family, on the death of his mother, Ethel.

We hold them all in our thoughts and prayers.

A fund-raising meeting to discuss the Parish Christmas Fair will take place in Saint Michael's Church Hall on Tuesday 28th of February at 7.30 p.m. Anyone interested in being/getting involved please come along.

Cathedral Tie: A bespoke silk tie for the Cathedral has been designed (mock-up on the e-zine). Those interested in purchasing one (€30) are invited to place an order with the Dean. A minimum order is required to ensure production.

World Day of Prayer Services: This year the service has been compiled by the women of Taiwan and it is the turn of the Church of Ireland to act as hosts at the services here in Limerick. It is hoped that parishioners (men as well as women) will show their support by attending one of the two services which have been arranged: Thursday 2nd March, Villiers Square at 10.30 a.m.; Friday 3rd March, St Mary's Cathedral at 7.30 p.m.

Whist Drive in St Michael's Church will take place in the hall on Saturday 11th of March at 7.30 p.m. Our last Whist drive took place in March 2020 so we are looking forward to seeing all the old faces and some new too!! We are planning to run a raffle on the night also.

Volunteers wanted in the Cathedral for extra events – moving chairs, etc. Please speak to the Dean or Noreen.

Part-Time Supervisor/Caretaker wanted for complex of sheltered housing units in the city centre. Principal duties include: Liaising with residents on a daily basis. Management of on-site requirements of residents and buildings. Management of any emergencies that arise. Reporting to the board of trustees. Apply in writing to: The Secretary, The John Nash Charity, Richmond Terrace, Henry Street, Limerick.

Car show: There are tentative plans to hold a charity vintage car show in the Cathedral grounds in May/June. If you are interested in volunteering your help on the day (eg stewarding, etc). Please speak with the Dean for more details.

Refreshments (*with thanks to those on duty*)

	26 th February	5 th March	12 th March
Saint Michael's	Susi Eckhardt	K & S Morrow	John & Kayt Shier
The Cathedral	K. Wilson + C. Smith	Jemimah Egbulam	Joni & Amy O'Sullivan

Livestreaming: www.churchservices.tv/limerickstmarys Services will be on air at 11.15 and 19.00 on Sunday.

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Dorothy Carey; Tom Gardiner; Nora Howes; Ronald Howes; Gordon Cowpar; Det. Garda Ben O'Sullivan; Maria Cameron; Catherine Devereux; Marjorie Stokes, and Aubrey Jackson.

Cycle of Prayer: *Church of Ireland:* the Diocese of Clogher and the Rt Revd Dr Ian Ellis. *Anglican Cycle of Prayer:* the Scottish Episcopal Church. *Diocese:* for the nursing homes and step-down hospitals in our dioceses, that they may be filled with healing and love for residents and staff alike.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Harold Armstrong; Sylvia Martin; Emily; Tom, Moira Lowry; Mac; Mike; Alan Kennedy; Zandra; Stephen Richards; Kathleen Leddin; Marie O'Connor; Sinead; Martha McDermott; Ava Colohan; Aileen Henderson; Rose McNamama; Dean Sandra Pragnell; Patrick; Brian; Barbara Farnley; Terry Gibson; Susan Whelan; Rosaleen Moloney; Catherine Coulter; Michael Downes; Catherine Slattery; Helen; Oliver Stapleton; William Downes, and Tim O'Leary.

NOTE ABOUT PRAYER LIST: *If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

CONTACT DETAILS

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
- The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Road, Limerick
Email: curate@limerick.anglican.org; Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

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