



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe: 22nd August 2021 ~ Trinity 12 (Proper 16)

Services:

Date	Time	Venue	Service
Sunday 22 nd	10.00	Saint Michael's	Holy Communion
Trinity 12	11.00	Ss John & Ailbe, Abington	Morning Prayer
	11.15	Saint Mary's Cathedral	Morning Prayer
Sunday 29 th	10.00	Saint Michael's	Holy Communion
Trinity 13	11.00	Ss John & Ailbe, Abington	Morning Prayer
	11.15	Saint Mary's Cathedral	Holy Communion

COLLECTS AND READINGS

Collect for the week: Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire, or deserve: Pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things which we are not worthy to ask save through the merits and mediation of Jesus Christ your Son our Lord. **Amen.**

Old Testament: Joshua 24: 1-2a, 14-18

Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, 'Thus says the Lord, the God of Israel: Long ago your ancestors—Terah and his sons Abraham and Nahor—lived beyond the Euphrates and served other gods. 'Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord.' Then the people answered, 'Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.'

Psalm 34: 15-22

The eyes of the Lord are upon the righteous ♦ and his ears are open to their cry.
The face of the Lord is against those who do evil, ♦ to root out the remembrance of them
from the earth.

The righteous cry and the Lord hears them ♦ and delivers them out of all their troubles.

The Lord is near to the brokenhearted ♦ and will save those who are crushed in spirit.
Many are the troubles of the righteous; ♦ from them all will the Lord deliver them.
He keeps all their bones, ♦ so that not one of them is broken.
But evil shall slay the wicked ♦ and those who hate the righteous will be condemned.
The Lord ransoms the life of his servants ♦ and will condemn none who seek refuge in him.

Epistle: Ephesians 6: 10-20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

New Testament/Gospel: St John 6: 56-69

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.' Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

Post Communion Prayer: God of compassion, in this eucharist we know again your forgiveness and the healing power of your love. Grant that we who are made whole in Christ may bring that forgiveness and healing to this broken world, in the name of Jesus Christ our Lord. **Amen.**

Service Notes

- Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.
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THIS WEEKS NOTICES

Upcoming events: Some dates for your diary

Sunday 5th September at 5pm in the Cathedral: *Patronal Festival Choral Evensong with members of the Mothers' Union. All welcome!*

Saturday 11th September at 3pm in the Cathedral: *Ordination to the Priesthood of the Rev'd Dr Leonard Madden. Booking necessary.*

Sunday 19th September at 3pm in Abington: *Harvest Thanksgiving Service.*

Saturday 25th September: *Diocesan Synod*

Sunday 10th October at 10am in Saint Michael's: *Harvest Thanksgiving Service.*

Sunday 10th October at 11.15am in the Cathedral: *Harvest Thanksgiving Service.*

Sunday 31st October at 4pm in the Cathedral: *Farewell service for the Bishop. Booking necessary.*

Wanted:

- A new microwave for use in the Cathedral. Please contact the Dean for more information
- Small black presentation box (10cmx10cmx5cm) with spring or clasp close. Please contact the Dean.
- Student seeking accommodation – Student coming to UL on an Erasmus year and is looking for somewhere for a year. Please contact Peter Barley for more information.

Singing in Church:

Many parishioners have asked about singing in church. We hope that the following summary will be helpful in explaining the current situation, in the light of the most recent HSE Guidance (as at 21/06/21).

- Congregational singing is still not permitted
- Small groups of church choir singers may sing; however, choir members should wear a mask, be socially distanced and be in a designated space within the church building (away from the main congregation).

The Clergy and organists shall be working to get some form of singing back in church in the coming weeks.

Community Awards:

The Annual Community Awards was initiated in 2018 as part of the 850th anniversary celebrations. The award recognises 'local heroes' who have a significant contribution to Limerick and the local community. The 2022 scheme is now open for nominations. Forms are available through the Cathedral office.

Sympathy: Our deepest sympathy is extended to:

- Sean Casey and his family on the death of his brother-in-law
- Sally Fossitt and her family on the death of her father and brother-in-law
- Sylvia Musgrave and her family on the death of her brother

May they all know God's love and strength at this time as we uphold them in our prayers.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys Services will be on air at 11.15am on Sundays and 10.30am on Thursdays.

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Alan Oakley, Renate Franke, Myrtle Somers, Anna McCrum, David Whitaker, Nigel Mc Guire, Billy Hayes, Pamela Lusk and Eunice Amaeze.

Cycle of Prayer: *Church of Ireland:* The Diocese of Dublin & Glendalough and Archbishop Michael Jackson. *Anglican Cycle of Prayer:* The Anglican Church of South America. *Diocese:* The Church of Ireland Theological College and those preparing for ordination, among them Leonard Madden who will serve in this parish.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Archie Brown, Sylvia Martin, Emily, Moira Lowry, Mac, Mike, Betty, Alan Kennedy, Mary Garvin, Jackie Grace, Zandra, Richard Brickenden, Kathleen Quinn, Tony Harpur, Sarah, and Madison Stanley.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

CONTACT DETAILS

- The Very Rev'd Niall J. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org ; Tel: 061-338697. Day off: Friday
- The Rev'd Bernie Daly (Dean's Vicar): The Vicarage, 50 Ballinvoher, Fr Russell Road, Limerick
Email: deansvicar@limerick.anglican.org ; Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org ; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com
www.lcp.limerick.anglican.org

SAINT MARY'S CATHEDRAL – MORNING PRAYER

The Gathering of God's People

Stand

The Lord be with you
and also with you.

The minister may introduce the service in these or other suitable words:

Beloved in Christ, we come together to offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love. Let us confess our sins to God our Father.

Kneel. Silence is kept.

Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest pronounces the absolution.

Proclaiming and Receiving the Word

Stand

O Lord, open our lips
and our mouth will proclaim your praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever. Amen.

Praise the Lord.

The Lord's name be praised.

FIRST CANTICLE: THE SONG OF CHRIST'S GLORY *Philippians 2: 6-11*

- 1 Christ Jesus was in the | form of | God, but he did not | cling · to e|quality · with |
God.
- 2 He emptied himself, taking the | form · of a | servant, and was | born · in our | human
| likeness.
- 3 And being found in human form he | humbled · him|self, and became obedient unto
death, | even | death · on a | cross.
- 4 Therefore God has | highly · ex·alted him, and bestowed on him the | name a bove |
every | name.
- 5 That at the name of Jesus every | knee should | bow, in heaven and on | earth and |
under · the | earth;
- 6 and every tongue confess that Jesus | Christ is | Lord, to the glory of God the | Father.
| A|men.

SECOND CANTICLE: THE SONG OF WISDOM Wisdom 7: 26 - 8: 1

- 1 Wisdom is the brightness of eternal light, the spotless mirror of God's | power at |
work, the | image | of God's | goodness.
- 2 Wisdom is but one, yet | she can · do | all things; herself un|changing, · she makes | all
things | new.
- 3 Age after age, she enters holy souls and makes them friends of | God, and | prophets,
beloved of | God as | her com|panions.
- 4 Wisdom is more beautiful | than the | sun, surpassing every constel|lation | of the |
stars.
- 5 Her radiance is greater than the | light of | day; for day's light is | followed | by the |
night.
- 6 Against wisdom no | evil · can pre|vail; she reaches mightily from one end of the earth
to the other, and | orders | all things | well.
Glory | be · to the | Father, and to the Son, | and · to the | Holy | Spirit;
as it | was in · the be|ginning, is now and ever shall be, | world with · out | end. A|men.

Music

The Sermon

THE APOSTLES' CREED

**I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen.**

Music

The Prayers of the People

The Lord be with you
and also with you.

Kneel

Let us pray.

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

The versicles and responses may be said.

Show us your mercy, O Lord,
and grant us your salvation.
O Lord, guide and defend our rulers
and grant our government wisdom.
Let your ministers be clothed with righteousness
and let your servants shout for joy.
O Lord, save your people
and bless those whom you have chosen.
Give peace in our time, O Lord,
and let your glory be over all the earth.
O God, make clean our hearts within us
and renew us by your Holy Spirit.

THE COLLECTS

The Collect of the Day may be found on page 1

O Lord, our heavenly Father, almighty and everliving God, we give you thanks for bringing us safely to this day: Keep us from falling into sin or running into danger, and in all things guide us to know and do your will; through Jesus Christ our Lord. Amen.

Go before us, Lord, in all our doings, with your most gracious favour, and further us with your continual help; that in all our works begun, continued and ended in you, we may glorify your holy name, and finally by your mercy attain everlasting life; through Jesus Christ our Lord. Amen.

Music

The Prayers

**The grace of our Lord Jesus Christ, and the love of God, and the fellowship of
the Holy Spirit, be with us all evermore. Amen.**

Music

The Blessing

Music

