



WEEKLY NEWSLETTER

Saint Mary's, Saint Michael's and Ss John & Ailbe: 11th July 2021 ~ Trinity 6, Proper 10

Services:

Date	Time	Venue	Service
Sunday 11 th	10.00	Saint Michael's	Holy Communion
<i>Trinity VI</i>	11.00	Ss John & Ailbe, Abington	Morning Prayer
	11.15	Saint Mary's Cathedral	Morning Prayer
Sunday 18 th	10.00	Saint Michael's	Morning Prayer
<i>Trinity VII</i>	11.15	Saint Mary's Cathedral	Holy Communion
	12.00	Ss John & Ailbe, Abington	Holy Communion

COLLECTS AND READINGS

Collect for the week: Merciful God, you have prepared for those who love you such good things as pass our understanding: Pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

Old Testament: Amos 7: 7-15

This is what he showed me: the Lord was standing beside a wall built with a plumb-line, with a plumb-line in his hand. And the Lord said to me, 'Amos, what do you see?' And I said, 'A plumb-line.' Then the Lord said, 'See, I am setting a plumb-line in the midst of my people Israel; I will never again pass them by; the high places of Isaac shall be made desolate, and the sanctuaries of Israel shall be laid waste, and I will rise against the house of Jeroboam with the sword.' Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, 'Amos has conspired against you in the very centre of the house of Israel; the land is not able to bear all his words. For thus Amos has said, "Jeroboam shall die by the sword, and Israel must go into exile away from his land." ' And Amaziah said to Amos, 'O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; but never again prophesy at Bethel, for it is the king's sanctuary, and it is a temple of the kingdom.' Then Amos answered Amaziah, 'I am no prophet, nor a prophet's son; but I am a herdsman, and a dresser of sycamore trees, and the Lord took me from following the flock, and the Lord said to me, "Go, prophesy to my people Israel."

Psalm 85: 8-13

I will listen to what the Lord God will say, ◆ for he shall speak peace to his people and to the faithful, that they turn not again to folly.

Truly, his salvation is near to those who fear him, ◆ that his glory may dwell in our land.

Mercy and truth are met together, ◆ righteousness and peace have kissed each other;

Truth shall spring up from the earth ◆ and righteousness look down from heaven.

The Lord will indeed give all that is good, ◆ and our land will yield its increase.

Righteousness shall go before him ◆ and direct his steps in the way.

Epistle: Ephesians 1: 3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

New Testament/Gospel: St Mark 6: 14-29

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.' For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

Post Communion Prayer: God of our pilgrimage, you have led us to the living water. Refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. **Amen.**

Service Notes

- *Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.*

- *The New Revised Standard Version (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America*
- *Material in this service is reproduced from The Book of Common Prayer under licence, copyright © RCB 2004*
- *One License Number: A-738650*

THIS WEEKS NOTICES

Sympathy: We offer our deepest and sincere sympathy to

- Annet Birabwa who has had a number of family bereavements in recent weeks.
- Catherine Caball and her family on the death of her aunt.

Our thoughts and prayers are asked for them and their families.

Congratulations: To Noreen and Andrew Ellerker on the birth of a grandson.

The Cathedral Graveyard: We are fortunate to have such a beautiful and peaceful space right in the middle of the city. In recent times the grounds have been enhanced by the inclusion of a wild-flower garden, new seating and planting. If you would like to make a donation towards the upkeep of the grounds, please do so through the Cathedral office or contact Lindsay Boyle or the Dean.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys Services will be on air at 11.15am on Sundays and 10.30am on Thursdays.

Prayers about the Coronavirus outbreak: Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Hilda Gleazer, Mary Donnelly, James Thompson, Anne Lilly, Alrick Thompson, Mary Yates, Eamonn Buckley, Eileen Little and Klaus Latzel.

Cycle of Prayer: *Church of Ireland:* The Diocese of Tuam, Killala and Achonry, with which we will be united in due course, and Bishop Patrick Rooke. *Anglican Cycle of Prayer:* The Episcopal Church in the Philippines. *Diocese:* The Galway Group of parishes in the Diocese of Tuam, Very Rev Lynda Pellow, and the congregations of St Nicholas Collegiate Church Galway & Kilcummin (Oughterard).

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Archie Brown, Sylvia Martin, Emily, Moira Lowry, Mac, Mike, Betty, Alan Kennedy, Mary Garvin, Jackie Grace, Zandra, Richard Brickenden, Kathleen Quinn, Tony Harpur and Madison Stanley.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

CONTACT DETAILS

- The Very Rev'd Niall J. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org ; Tel: 061-338697. Day off: Friday
- The Rev'd Bernie Daly (Dean's Vicar): The Vicarage, 50 Ballinvoher, Fr Russell Road, Limerick
Email: deansvicar@limerick.anglican.org ; Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org ; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com
www.lcp.limerick.anglican.org

SAINT MARY'S CATHEDRAL – MORNING PRAYER

The Gathering of God's People

Stand

The Lord be with you
and also with you.

The minister may introduce the service in these or other suitable words:

Beloved in Christ, we come together to offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love. Let us confess our sins to God our Father.

Kneel. Silence is kept.

Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest pronounces the absolution.

Proclaiming and Receiving the Word

Stand

○ Lord, open our lips
and our mouth will proclaim your praise.

○ God, make speed to save us.

○ Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever. Amen.

Praise the Lord.

The Lord's name be praised.

FIRST CANTICLE: THE SONG OF CHRIST'S GLORY *Philippians 2: 6-11*

- 1 Christ Jesus was in the | form of | God, but he did not | cling · to e|quality · with |
God.
- 2 He emptied himself, taking the | form · of a | servant, and was | born · in our | human
| likeness.
- 3 And being found in human form he | humbled · him|self, and became obedient unto
death, | even | death · on a | cross.
- 4 Therefore God has | highly · ex·alted him, and bestowed on him the | name a bove |
every | name.
- 5 That at the name of Jesus every | knee should | bow, in heaven and on | earth and |
under · the | earth;
- 6 and every tongue confess that Jesus | Christ is | Lord, to the glory of God the | Father.
| A|men.

SECOND CANTICLE: THE SONG OF WISDOM Wisdom 7: 26 - 8: 1

- 1 Wisdom is the brightness of eternal light, the spotless mirror of God's | power at |
work, the | image | of God's | goodness.
- 2 Wisdom is but one, yet | she can · do | all things; herself un|changing, · she makes | all
things | new.
- 3 Age after age, she enters holy souls and makes them friends of | God, and | prophets,
beloved of | God as | her com|panions.
- 4 Wisdom is more beautiful | than the | sun, surpassing every constel||lation | of the |
stars.
- 5 Her radiance is greater than the | light of | day; for day's light is | followed | by the |
night.
- 6 Against wisdom no | evil · can pre|vail; she reaches mightily from one end of the earth
to the other, and | orders | all things | well.
Glory | be · to the | Father, and to the Son, | and · to the | Holy | Spirit;
as it | was in · the be|ginning, is now and ever shall be, | world with · out | end. A|men.

Music

The Sermon

THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

Music

The Prayers of the People

The Lord be with you
and also with you.

Kneel

Let us pray.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

The versicles and responses may be said.

Show us your mercy, O Lord,
and grant us your salvation.
O Lord, guide and defend our rulers
and grant our government wisdom.
Let your ministers be clothed with righteousness
and let your servants shout for joy.
O Lord, save your people
and bless those whom you have chosen.
Give peace in our time, O Lord,
and let your glory be over all the earth.
O God, make clean our hearts within us
and renew us by your Holy Spirit.

THE COLLECTS

The Collect of the Day may be found on page 1

O Lord, our heavenly Father, almighty and everliving God, we give you thanks for bringing us safely to this day: Keep us from falling into sin or running into danger, and in all things guide us to know and do your will; through Jesus Christ our Lord. Amen.

Go before us, Lord, in all our doings, with your most gracious favour, and further us with your continual help; that in all our works begun, continued and ended in you, we may glorify your holy name, and finally by your mercy attain everlasting life; through Jesus Christ our Lord. Amen.

Music

The Prayers

**The grace of our Lord Jesus Christ, and the love of God, and the fellowship of
the Holy Spirit, be with us all evermore. Amen.**

Music

The Blessing

Music

