



The West Door, Saint Mary's Cathedral

THE THIRD SUNDAY IN LENT
7TH MARCH 2021



A message from the Dean

Fáilte! On behalf of the chapter and parish I welcome you to Saint Mary's Cathedral, Limerick. You are very welcome, whether you are visiting for the first time or for the 1000th time! We share in worship which has been offered here for 850 years.

The Very Rev'd Niall J. Sloane,
Dean.

Devotional Prayers

Before a Celebration of the Holy Eucharist

Cleanse us, O Lord, and keep us undefiled, that we may be numbered among those blessed ones, who, having washed their robes, and made them white in the Blood of the Lamb, stand before your throne, and serve you day and night in Your Temple. Amen.

Father in heaven, you have made us for yourself; our hearts are restless until they rest in you. Fulfil this longing through Jesus, the bread of life, so that we may witness to him who alone satisfies the hungers of the human family.

By the power of your Spirit lead us to the heavenly table where we may feast on the vision of your glory forever and ever. Amen.

After Celebration

O God, who in this wonderful Sacrament has left us a memorial of your Passion:
grant, we implore you, that we may so venerate
the sacred mysteries of your Body and Blood,
as always to be conscious of the fruit of your Redemption.
You who live and reign forever and ever. Amen.

EUCCHARIST - ORDER OF SERVICE



Please stand for the entry of the Clergy

WELCOME & INTRODUCTION

The Lord be with you
And also with you

COLLECT FOR PURITY

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself. On these two commandments depend all the law and the prophets.

Lord, have mercy on us, and write these your laws in our hearts.

The Confession is introduced with appropriate words, such as:

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life. Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Silence

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

The celebrant pronounces the Absolution

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father, receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen.**

PROCLAIMING AND RECEIVING THE WORD

THE EPISTLE READING - I Corinthians 1: 18-25

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.' Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

At the end the reader may say

This is the Word of the Lord. **Thanks be to God.**

GRADUAL

THE GOSPEL

Please stand and face the reader

Hear the Gospel of our Saviour Christ, according to St John chapter 2 beginning at verse 13

Glory to you, Lord Jesus Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a marketplace!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

At the end the reader may say

This is the Gospel of the Lord. **Praise to you, Lord Jesus Christ**

THE SERMON – The Dean's Vicar

Please sit

Please stand as the preacher leaves the pulpit

THE NICENE CREED

Please face the Altar

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

*Please kneel or sit. The petitions may end with Lord, in your mercy to which the response is
hear our prayer.*

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

CELEBRATING AT THE LORD'S TABLE [12]

THE OFFERTORY – HYMN 336

I

Jesus, where'er Thy people meet,
There they behold Thy mercy-seat;
Where'er they seek Thee, Thou art found,
And every place is hallowed ground.

4

Here may we prove the power of prayer
To strengthen faith and sweeten care;
To teach our faint desires to rise,
And bring all heaven before our eyes.

THE TAKING OF THE BREAD AND WINE

Christ our passover has been sacrificed for us
therefore let us celebrate the feast

THE GREAT THANKSGIVING

The Lord is here. **His Spirit is with us.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Father, almighty and everliving God, at all times and in all places it is right to give you thanks and praise: Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to overcome all our temptations: And so with all your people, with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest!

Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Blessed are you, Father, the creator and sustainer of all things; you made us in your own image, male and female you created us; even when we turned away from you, you never ceased to care for us, but in your love and mercy you freed us from the slavery of sin, giving your only begotten Son to become man and suffer death on the cross to redeem us; he made there the one complete and all-sufficient sacrifice for the sins of the whole world: he instituted, and in his holy Gospel commanded us to continue, a perpetual memory of his precious death until he comes again:

On the night that he was betrayed he took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, saying, Take, eat, this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper he took the cup; and when he had given thanks to you, he gave it to them, saying, Drink this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, Father, with this bread and this cup we do as Christ your Son commanded:

**we remember his passion and death,
we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.**

Accept through him, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of the life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit,

all honour and glory are yours, Almighty Father, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The bread which we break is a sharing in the body of Christ
We being many are one body, for we all share in the one bread.

Jesus Christ is the Lamb of God, who has taken away the sins of the world.

Happy are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

THE COMMUNION (*Prayer for Spiritual Communion, after the Prayer of St Richard of Chichester*)

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

THE GREAT SILENCE

GOING OUT AS GOD'S PEOPLE

POST COMMUNION PRAYER

Lord our God, you feed us in this life with bread from heaven, the pledge and foreshadowing of future glory. Grant that the working of this sacrament within us may bear fruit in our daily lives; through Jesus Christ our Lord. **Amen.**

followed by

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

HYMN OF THANKSGIVING – 10

Stand

1

All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown, he alone
calls my heart to be his own.

5

Still from man to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ, his Son.
Christ doth call one and all;
ye who follow shall not fall

THE BLESSING

Christ give you grace to grow in holiness, to deny yourselves, and to take up your cross and follow him; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

THE DISMISSAL

Go in peace to love and serve the Lord: **In the name of Christ. Amen.**

Organ Voluntary

SAINT MARY'S CATHEDRAL, LIMERICK

According to myth, Saint Mary's Cathedral is built on the site of the Viking thingmote, later the palace of the O'Brien kings of Thomond, and was given to the church by King Donal Mór O'Brien in 1168. This myth appears to have no foundation and obscures the extraordinary importance of Saint Mary's Cathedral - probably the most important medieval building to survive intact in Ireland, and still performing its original function.

The diocese of Limerick was formally established by the Synod of Rath Breasail in 1111, and the church of Saint Mary, in heart of the Norse city, was declared the cathedral of the diocese – the only cathedral in any diocese named by the synod. That church was replaced between 1150 and 1174 by the core of the present Saint Mary's Cathedral. The great pointed arcade arches of the nave (among the earliest in Ireland) and the round arched windows of the clerestory above them, with the narrow aisles, represent the only intact native Irish church built on a Continental scale to survive intact from before the Norman invasion in 1169 – all the others are in ruins. The design of the nave, aisles and chancel is a native Irish adaptation of the Burgundian style, introduced into Ireland by the Cistercians after 1142, further embellished by the fine Hiberno-Romanesque west door. The tombstone of its first great benefactor, King Donal Mór O'Brien, can still be seen in the chancel.

In the following centuries the cathedral was embellished by the wealthy merchants of Limerick who built the chantry chapels on the north and south sides of the nave - the largest surviving range of medieval chantry chapels in any Irish church. The cathedral boasts Ireland's largest medieval altar stone and Ireland's only surviving medieval choir stalls. These choir stalls, with their charming carved misericords, constitute the largest intact collection of carved woodwork and furniture from medieval Ireland. Thought to date from about 1480, they may actually date to before 1426. The misericords supported the choral posteriors during the long offices the Cathedral Chapter was obliged to perform.

Later centuries saw the installation of the massive 17th century Thomond Monument in the chancel, beside the tomb of Donal Mór O'Brien. In the early 19th century, the Pain brothers designed the Bishop's Throne or Cathedra, the screen to the Glentworth Chapel and the monument to Bishop John Jebb, the precursor of the Oxford Movement with his High Church opinions. The nineteenth century stained glass is particularly fine, the largest window, by the Harry Clarke Studio, was dedicated in 1961 by Michael Ramsey, Archbishop of York. Michael Pearse, the father of the patriot, Patrick Pearse, carved the reredos in the chancel, and the chancel screen was designed by Edward Conor O'Brien in 1921.

Saint Mary's Cathedral is an extraordinarily complex building representing developments from the mid-twelfth century to the later twentieth century – a treasure of Irish religious art. It continues to be a place of prayer and pilgrimage for all who enter its doors and a symbol of faith, hope and love to the city of Limerick.

www.cathedral.limerick.anglican.org

SAINT MARY'S CATHEDRAL – GENERAL INFORMATION

Opening Times

The Cathedral is open every day except the 26th, 27th December and 1st January. No charges are made for those who come to join our worship or who wish to pray privately, and everyone is welcome.

Supporting the Cathedral

Saint Mary's Cathedral is a registered charity, and we do not receive state aid. The average weekly running costs of the cathedral and its ministry to the city is €6,000. By purchasing a ticket or making a donation or legacy, you are contributing towards the maintenance of Saint Mary's Cathedral and helping preserve it for future generations. Thank you!

The Cathedral Choir

Whilst Saint Mary's Cathedral is a church in the full tradition of the Church of Ireland, membership of that church is not a pre-requisite for joining the cathedral choir. If you love singing, church/choral music and historic buildings, then why not get in touch with us? We'd be pleased to hear from you. You don't need to be an expert singer. What we are looking for are young people with a pleasant singing voice, who are able to sing in tune and who have an interest in, and commitment to, this kind of music-making within the context of this magnificent medieval cathedral. Potential choir members should please contact the Organist and Choirmaster to arrange an informal meeting at the cathedral. Contact: organist@limerick.anglican.org / 061 310293

Become a Friend

The Friends of Saint Mary's exist to support the Dean & Cathedral Chapter in maintaining and enhancing the Cathedral and its surroundings. Assisting and supporting the Dean and Chapter in maintaining and improving the services, music, fabric, fittings, furniture, ornaments, monuments and facilities of the Cathedral. Encouraging the interest and participation of young people through education and activities. Stimulating and maintaining public interest in the Cathedral. Supporting the needs of the Cathedral's mission in the modern world.

There Friends are united in their desire to support and maintain this 850-year-old Cathedral. Joining the Friends helps ensure that we can continue this important work.

Please visit the website for full details – www.cathedral.limerick.anglican.org

Facilities

Car parking is available in the grounds of the Cathedral or in the adjacent Car Park

There are toilets on site.

There is a small gift shop located within the Cathedral where visitors can purchase souvenirs of their visit.

Guided/Public Tours are available. School Groups can be accommodated.

Service Notes

- Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will

be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.

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THIS WEEKS NOTICES

Ask – A Lenten poem by Tamasine Plowman

To ask and to be asked
Spoken with humility, and accepted with an honesty
Ask not with a cry
Ask with the silence of an open heart
Have the willingness to accept
Without the arrogance of expectance
Ask to receive,
Receive what is asked
Judge not your questions nor your answers given
Ask, in peace without desire
Ask, in love with child like heart.

Prayers about the Coronavirus outbreak: Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Morning Prayer: Will be read next Sunday morning at 11.15am, it will be followed by shortened Holy Communion Service.

Zoom coffee and drinks: Some dates for your diary

- A Zoom 'drinks' (eg. wine, coffee, Horlicks, whiskey...) will be held on Thursday 11th March at 8pm (till 9pm)
- A parish Zoom coffee morning will be held on Wednesday 24th March at 10am (till 11am)

Please email limerickcityparishnews@gmail.com for the link to either/both events.

Talk: An online talk from Birdwatch Ireland is being organised - more details to follow.

Lenten Course: The Cathedral Chapter are leading an online course this Lent – full details below.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys Sunday services will be on air at 11.15am.

Congratulations: To Bertie and Mary Swanton on the birth of their second granddaughter.

RTE Recording: RTÉ will broadcast a Service led by the Dean's Vicar, the Rev'd Bernie Daly on Sunday, 7th March, at 2.15pm on the RTÉ News Channel. The preacher will be the Dean, the Very Revd Niall J. Sloane.

Saint Patrick's Day: A service of Holy Communion will be broadcast from the Cathedral on 17th March at 10.30am

Volunteers needed: The University of Limerick is looking for volunteers with a research project – please see the attached poster

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Edward Harris, Denis Bugler, Albert Lyttle, Chris Rice, Peggy Kavanagh, George McElmurray and Arthur Knight.

Cycle of Prayer: *Church of Ireland:* The Diocese of Derry & Raphoe and Bishop Andrew Forster. *Anglican Cycle of Prayer:* Province de L'Eglise Anglicane du Congo. *Diocese:* The terminally ill and those who love and care for them.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Anne Greenaway, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Archie Brown, Sylvia Martin, Norman Lynas, Joe Boyle, Frank Sheahan, Emily, Moira Lowry, Dolly Shier, Andrew Ellerker, Victor Barley, Eddie Chamney, Teresa and Alice O'Connell.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.



Joint Chapter of the Cathedral Churches of St Mary, Limerick, and St Flannan, Killaloe

Lent 2021—Study course based on the Anglican, 5 Marks of Mission

Led by members of the Cathedral Chapter

Tuesdays at 8pm via Zoom

	• Proclaim the Kingdom's good news	Tuesday 23rd February —The Treasurer, Canon Jane Galbraith
	• Baptise and nurture new believers	Tuesday 2nd March—The Chancellor, Canon Liz Beasley
	• Respond to human need by loving service	Tuesday 9th March—The Archdeacon of Killaloe, the Ven. Terry Mitchell
	• Change society's unjust structures	Tuesday 16th March—The Precentor, Canon Patrick Comerford
	• Safeguard the integrity of creation	Tuesday 23rd March—The Prebend of St Munchin & Tulloh, Canon Jim Stephens

To join any/all of the talks, please email dean@limerick.anglican.org for a Zoom link

CONTACT DETAILS

- The Very Rev'd Niall J. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org ; Tel: 061-338697. Day off: Friday
- The Rev'd Bernie Daly (Dean's Vicar): The Vicarage, 50 Ballinvoher, Fr Russell Road, Limerick
Email: deansvicar@limerick.anglican.org ; Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org ; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com
www.lcp.limerick.anglican.org