



Window in church of Ss John & Ailbhe, Abington. Photo: John Holmes

THE SECOND SUNDAY IN LENT 28th FEBRUARY 2021



A message from the Dean

Fáilte! On behalf of the chapter and parish I welcome you to Saint Mary's Cathedral, Limerick. You are very welcome, whether you are visiting for the first time or for the 1000th time! We share in worship which has been offered here for 850 years.

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The Very Rev'd Niall J. Sloane, Dean.

Devotional Prayers

Before a Celebration of the Holy Eucharist

Cleanse us, O Lord, and keep us undefiled, that we may be numbered among those blessed ones, who, having washed their robes, and made them white in the Blood of the Lamb, stand before your throne, and serve you day and night in Your Temple. Amen.

Father in heaven, you have made us for yourself; our hearts are restless until they rest in you. Fulfil this longing through Jesus, the bread of life, so that we may witness to him who alone satisfies the hungers of the human family.

By the power of your Spirit lead us to the heavenly table where we may feast on the vision of your glory forever and ever. Amen.

After Celebration

O God, who in this wonderful Sacrament has left us a memorial of your Passion:
 grant, we implore you, that we may so venerate
 the sacred mysteries of your Body and Blood,
 as always to be conscious of the fruit of your Redemption.
 You who live and reign forever and ever. Amen.

EUCHARIST - ORDER OF SERVICE

Please stand for the entry of the Clergy

WELCOME & INTRODUCTION

The Lord be with you And also with you

COLLECT FOR PURITY

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself. On these two commandments depend all the law and the prophets.

Lord, have mercy on us, and write these your laws in our hearts.

The Confession is introduced with appropriate words, such as:

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life. Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Silence

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

The celebrant pronounces the Absolution

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through lesus Christ our Lord. **Amen.**

THE COLLECT OF THE DAY

Almighty God, you show to those who are in error the light of your truth that they may return to the way of righteousness: Grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ. **Amen**.

PROCLAIMING AND RECEIVING THE WORD

THE EPISTLE READING - Romans 4: 13-25

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him', were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised lesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification. At the end the reader may say

This is the Word of the Lord. Thanks be to God.

GRADUAL

THE GOSPEL

Please stand and face the reader

Hear the Gospel of our Saviour Christ, according to St Mark chapter 8 beginning at verse 3 I

Glory to you, Lord Jesus Christ.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

At the end the reader may say

This is the Gospel of the Lord. Praise to you, Lord Jesus Christ

THE SERMON – The Dean

Please sit

Please stand as the preacher leaves the pulpit

THE NICENE CREED Please face the Altar

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Please kneel or sit. The petitions may end with Lord, in your mercy to which the response is **hear our prayer.**

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

CELEBRATING AT THE LORD'S TABLE [12]

THE OFFERTORY HYMN 401

1

Be known to us in breaking bread, but do not then depart;
Savior, abide with us, and spread your table in our heart.

2

Here share with us, in love divine, your body and your blood, that living bread, that heavenly wine be our immortal food.

Christ our passover has been sacrificed for us therefore let us celebrate the feast

THE GREAT THANKSGIVING

The Lord is here. **His Spirit is with us.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Father, almighty and everliving God, at all times and in all places it is right to give you thanks and praise: Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to overcome all our temptations: And so with all your people, with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest!

Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Blessed are you, Father, the creator and sustainer of all things; you made us in your own image, male and female you created us; even when we turned away from you, you never ceased to care for us, but in your love and mercy you freed us from the slavery of sin, giving your only begotten Son to become man and suffer death on the cross to redeem us; he made there the one complete and all-sufficient sacrifice for the sins of the whole world: he instituted, and in his holy Gospel commanded us to continue, a perpetual memory of his precious death until he comes again:

On the night that he was betrayed he took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, saying, Take, eat, this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper he took the cup; and when he had given thanks to you, he gave it to them, saying, Drink this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, Father, with this bread and this cup we do as Christ your Son commanded:

we remember his passion and death, we celebrate his resurrection and ascension, and we look for the coming of his kingdom.

Accept through him, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of the life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit,

all honour and glory are yours, Almighty Father, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The bread which we break is a sharing in the body of Christ We being many are one body, for we all share in the one bread.

Jesus Christ is the Lamb of God, who has taken away the sins of the world.

Happy are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

THE COMMUNION (Prayer for Spiritual Communion, after the Prayer of St Richard of Chichester)
Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults
you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into
my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more
dearly, and follow you more nearly, day by day. Amen.

THE GREAT SILENCE

GOING OUT AS GOD'S PEOPLE

POST COMMUNION PRAYER

Creator of heaven and earth, we thank you for these holy mysteries given us by our Lord Jesus Christ, by which we receive your grace and are assured of your love, which is through him now and for ever. **Amen.**

followed by

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

HYMN OF THANKSGIVING - 599

Stand

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Take up thy cross, the Saviour said, if thou wouldst my disciple be; deny thyself, the world forsake, and humbly follow after me.

Take up thy cross and follow Christ, nor think till death to lay it down; for only they who bear the cross may hope to wear the glorious crown.

5

THE BLESSING

Christ give you grace to grow in holiness, to deny yourselves, and to take up your cross and follow him; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

THE DISMISSAL

Go in peace to love and serve the Lord: In the name of Christ. Amen.

Organ Voluntary

SAINT MARY'S CATHEDRAL, LIMERICK

According to myth, Saint Mary's Cathedral is built on the site of the Viking thingmote, later the palace of the O'Brien kings of Thomond, and was given to the church by King Donal Mór O'Brien in 1168. This myth appears to have no foundation and obscures the extraordinary importance of Saint Mary's Cathedral - probably the most important medieval building to survive intact in Ireland, and still performing its original function.

The diocese of Limerick was formally established by the Synod of Rath Breasail in 1111, and the church of Saint Mary, in heart of the Norse city, was declared the cathedral of the diocese – the only cathedral in any diocese named by the synod. That church was replaced between 1150 and 1174 by the core of the present Saint Mary's Cathedral. The great pointed arcade arches of the nave (among the earliest in Ireland) and the round arched windows of the clerestory above them, with the narrow aisles, represent the only intact native Irish church built on a Continental scale to survive intact from before the Norman invasion in 1169 – all the others are in ruins. The design of the nave, aisles and chancel is a native Irish adaptation of the Burgundian style, introduced into Ireland by the Cistercians after 1142, further embellished by the fine Hiberno-Romanesque west door. The tombstone of its first great benefactor, King Donal Mór O'Brien, can still be seen in the chancel.

In the following centuries the cathedral was embellished by the wealthy merchants of Limerick who built the chantry chapels on the north and south sides of the nave - the largest surviving range of medieval chantry chapels in any Irish church. The cathedral boasts Ireland's largest medieval altar stone and Ireland's only surviving medieval choir stalls. These choir stalls, with their charming carved misericords, constitute the largest intact collection of carved woodwork and furniture from medieval Ireland. Thought to date from about 1480, they may actually date to before 1426. The misericords supported the choral posteriors during the long offices the Cathedral Chapter was obliged to perform.

Later centuries saw the installation of the massive 17th century Thomond Monument in the chancel, beside the tomb of Donal Mór O'Brien. In the early 19th century, the Pain brothers designed the Bishop's Throne or Cathedra, the screen to the Glentworth Chapel and the monument to Bishop John Jebb, the precursor of the Oxford Movement with his High Church opinions. The nineteenth century stained glass is particularly fine, the largest window, by the Harry Clarke Studio, was dedicated in 1961 by Michael Ramsey, Archbishop of York. Michael Pearse, the father of the patriot, Patrick Pearse, carved the reredos in the chancel, and the chancel screen was designed by Edward Conor O'Brien in 1921.

Saint Mary's Cathedral is an extraordinarily complex building representing developments from the mid-twelfth century to the later twentieth century – a treasure of Irish religious art. It continues to be a place of prayer and pilgrimage for all who enter its doors and a symbol of faith, hope and love to the city of Limerick.

www.cathedral.limerick.anglican.org

SAINT MARY'S CATHEDRAL - GENERAL INFORMATION

Opening Times

The Cathedral is open every day except the 26th, 27th December and 1st January. No charges are made for those who come to join our worship or who wish to pray privately, and everyone is welcome.

Supporting the Cathedral

Saint Mary's Cathedral is a registered charity, and we do not receive state aid. The average weekly running costs of the cathedral and its ministry to the city is €6,000. By purchasing a ticket or making a donation or legacy, you are contributing towards the maintenance of Saint Mary's Cathedral and helping preserve it for future generations. Thank you!

The Cathedral Choir

Whilst Saint Mary's Cathedral is a church in the full tradition of the Church of Ireland, membership of that church is not a pre-requisite for joining the cathedral choir. If you love singing, church/choral music and historic buildings, then why not get in touch with us? We'd be pleased to hear from you. You don't need to be an expert singer. What we are looking for are young people with a pleasant singing voice, who are able to sing in tune and who have an interest in, and commitment to, this kind of music-making within the context of this magnificent Potential choir members should please contact the Organist and medieval cathedral. informal meeting the cathedral. Contact: Choirmaster to arrange an at organist@limerick.anglican.org / 061 310293

Become a Friend

The Friends of Saint Mary's exist to support the Dean & Cathedral Chapter in maintaining and enhancing the Cathedral and its surroundings. Assisting and supporting the Dean and Chapter in maintaining and improving the services, music, fabric, fittings, furniture, ornaments, monuments and facilities of the Cathedral. Encouraging the interest and participation of young people through education and activities. Stimulating and maintaining public interest in the Cathedral. Supporting the needs of the Cathedral's mission in the modern world.

There Friends are united in their desire to support and maintain this 850-year-old Cathedral. Joining the Friends helps ensure that we can continue this important work.

Please visit the website for full details - www.cathedral.limerick.anglican.org

Facilities

Car parking is available in the grounds of the Cathedral or in the adjacent Car Park There are toilets on site.

There is a small gift shop located within the Cathedral where visitors can purchase souvenirs of their visit.

Guided/Public Tours are available. School Groups can be accommodated.

Service Notes

- Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and wilbe

advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.

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THIS WEEKS NOTICES

Lenten Course: The Cathedral Chapter are leading an online course this Lent – full details below.

Saint Michael's Committee Meeting: This will take place on Monday Ist March at 7:30pm. Please email dean@limerick.anglican.org for a Zoom link.

Women's World Day of Prayer: This time last year members of the Limerick committee were busy preparing to observe WWDP with a beautiful service in Villiers Square which was followed by another lovely one in the Church of Our Lady of the Rosary on the Ennis Road. This year the worship has been prepared by the women of Vanuatu, a chain of islands in the south Pacific about 1,100 miles east of Australia. Sadly, we will not be able to meet together as usual on the first Friday in March for a service but it is hoped this may be possible sometime later in the year. Meantime, RTE I will broadcast the World Day of Prayer service this Sunday (28th February) at 11.00am for those who would like to watch.

Prayers about the Coronavirus outbreak: Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

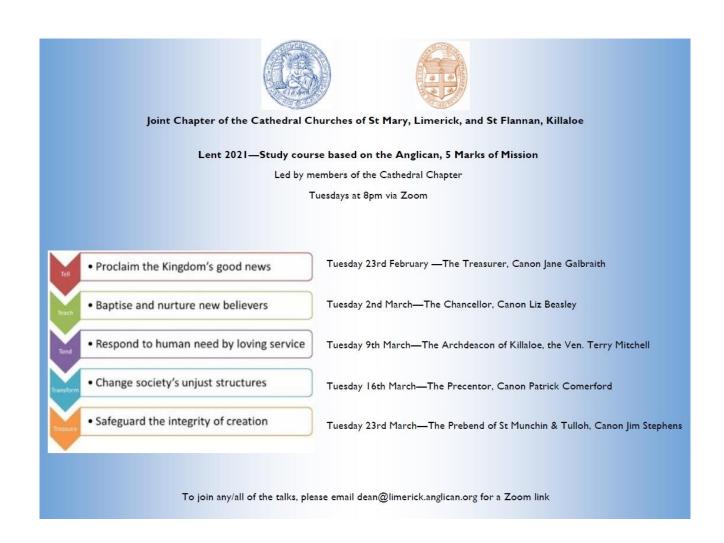
Remembrance Book: Please remember those whose anniversaries occur at this time among them: Eric Danne, Maria Cameron, Kay Devereux, Marjorie Stokes, Aubrey Jackson, Henrietta Blennerhassett and Patricia Donnelon.

Cycle of Prayer: Church of Ireland: The Diocese of Clogher and Bishop-Elect Revd Canon Dr lan Ellis. Anglican Cycle of Prayer: Iglesia Anglicana de la Region Central de America. Diocese: Those in local nursing homes, their carers and support staff.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Anne Greenaway, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Archie Brown, Sylvia Martin, Norman Lynas, Joe Boyle, Frank Sheahan, Emily, Moira Lowry, Dolly Shier, Andrew Ellerker, Victor Barley, Eddie Chamney, Teresa and Alice O'Connell.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate

NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.



CONTACT DETAILS

- The Very Rev'd Niall J. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
- The Rev'd Bernie Daly (Dean's Vicar): The Vicarage, 50 Ballinvoher, Fr Russell Road, Limerick Email: deansvicar@limerick.anglican.org; Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068. Email: cathedral@limerick.anglican.org; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com

www.lcp.limerick.anglican.org