



Detail from the Pulpit in Saint Mary's Cathedral

SERVICE BOOKLET
Trinity XI (Proper 16)
23rd August 2020

St Michael's Church – 10.00am
St John's Church, Abington – 11.00am
St Mary's Cathedral – 11.15am



A message from the Dean & Rector

Fáilte! On behalf of the parishioners you are very welcome, whether you are visiting for the first time or for the 1000th time! We share in worship which has been offered here for centuries.

The Very Rev'd Niall J. Sloane,
Dean & Rector.

PROTOCOLS FOR PUBLIC WORSHIP IN LIMERICK CITY PARISH

Whilst each church building has had to initiate its own unique plans, there are some general principles to which we must adhere.

- **Physical distancing:** This is the basic practice which underpins the others. Please make every effort to comply rigorously with prevailing government restrictions.
- **Opening:** At this stage it is the intention to open our church buildings every Sunday (where the availability of clergy/readers permit) for worship and close for the remainder of the week – this is being done to adhere to guidelines and advice around cleaning and infection control.
- **Wearing masks:** We need to adhere to government guidelines, which may change - but in the meantime, masks should be worn wherever possible. Please bring your own mask with you to church.
- **Hand sanitisers** will be available in the church porch - please use them. You might want to bring your own, and possibly also disposable tissues to take home.
- **Gloves:** Please bring your own if you feel they give you extra protection. The advice received is as follows: *“We do not recommend gloves, as one must keep changing them, after touching new surfaces for them to be effective...soap and water is more effective than gloves and easier on the hands. We do recommend face masks.”*
- **Visitors:** It may very well be that some new people will wish to come to church to give thanks for safety or recovery. Even though it won't be possible to welcome them as normal, please take the opportunity to make them feel welcome, but from a distance!
- **Pews:** In order to comply with distancing requirements, we need to fill up from the front pew first. That means you may be guided to a pew other than you would normally choose. Enjoy the different view! Family members may of course sit together.
- **Children:** The books/toys etc. at the back of church will **NOT** be available for the duration - perhaps you might bring crayons/(silent!) toys to keep young ones happy, and try to keep them in one place – we have been asked to minimise movement. Weekly resources will still be made available on-line.
- **Hymn Books/Prayer Books:** These will not be needed - there will be a 'take home' service sheet every week with readings and notices. Alternatively, you may download and print the service sheet at home and bring it to church with you, remembering to take it home again! Then again, you could bring your tablet or iPad for use during the service, reducing printing paper.

- **Singing:** We are advised that singing is potentially more likely to spread infection, so for the time being we may just listen to music. Sadly this also means that the choirs will not be returning for the present.
- **Type of Service:** To begin with all services will be Morning Prayer. This will be reviewed weekly.
- **Going in/Coming out:** These are the times when we may be at the most risk of getting too close to others - so please be careful to maintain distance, avoid congregating in groups outside and listen to the directions of stewards and observe carefully any signage. (Apart from statutory notices, there will be no church notices on the noticeboards as per the guidelines.)
- **Churchwardens:** The churchwarden(s) will greet people on entry to church, asking them about their general well-being and if they have been in contact with anyone displaying any symptoms in the previous 24 hours. People will be directed to the allocated seats, which are following the guidelines. Therefore you may not necessarily be sitting in your normal place! You will be directed out of church as well. As time progresses, we hope that the guidelines will be eased, but until then please bear with us and the churchwardens, while we adjust to the new protocols.
- **Tea/Coffee:** We will **NOT** be able to serve refreshments in church until further guidelines are issued from Church House.
- **Contact Tracing:** We have been asked to keep a record of attendees for possible tracing - these records will be disposed of after the recommended 14 days and will fully comply with GDPR legislation. Every church will have a designated person to record your attendance. (Don't worry the clergy will not be studying it!)
- **If you show symptoms of Covid 19:** e.g. a temperature or are feeling unwell, much as we'd love to see you, it is strongly recommended that you stay at home. We'll continue to stream services from the Cathedral for the foreseeable future
- **Offertory Collections:** Again, the churches have been instructed to have a retiring collection. However, this might be a good time to instigate a standing order if you haven't already done so.
- **Toilets, etc:** These will be out of action for the foreseeable future and only used in cases of **extreme** emergencies. (The first number of services will be no longer than 30/40 minutes duration.
- **Anxious?** This is an anxious and unsettling time for everybody. If you are concerned about your mental health, may I direct you to the following resource - <https://www2.hse.ie/wellbeing/mental-health/minding-your-mental-health-during-the-coronavirus-outbreak.html>

DEVOTIONAL PRAYERS

Before Service

O Lord, open our Lips, that our mouths may proclaim your praise, and purify our hearts that we may worthily magnify your glorious Name; through Jesus Christ our Lord. Amen.

Lord God You are here, may we come to You with a mixture of humility and joy.
May we feel Your nearness and learn from You. Amen.

Lord, it is not easy to be humble; but in this service we ask for humility, so that it is You who may be seen by each person here. May Your will be done. Amen.

After Service

Grant, O Lord, that what we have sung with our lips we may believe in our hearts, and may always steadfastly fulfil; through Jesus Christ our Lord. Amen.

SAINT MARY'S CATHEDRAL – MORNING PRAYER

The Gathering of God's People

Stand

The Lord be with you **and also with you.**

The minister may introduce the service in these or other suitable words:

Beloved in Christ, we come together to offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love. Let us confess our sins to God our Father.

Kneel. Silence is kept.

Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest pronounces the absolution.

Proclaiming and Receiving the Word

Stand

O Lord, open our lips **and our mouth will proclaim your praise.**

O God, make speed to save us. **O Lord, make haste to help us.**

Glory to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and shall be for ever. Amen.

Praise the Lord. **The Lord's name be praised.**

FIRST CANTICLE: JUBILATE Psalm 100

- 1 O shout to the Lord in triumph all the earth; serve the Lord with gladness and come before his face with songs of joy.
- 2 Know that the Lord he is God; it is he who has made us and we are his we are his people and the sheep of his pasture.
- 3 Come into his gates with thanksgiving and into his courts with praise; give thanks to him and bless his holy name.
- 4 For the Lord is good his loving mercy is for ever, his faithfulness through out all generations.
Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever. Amen.

For Readings and Psalm please see page 10

SECOND CANTICLE: TE DEUM Part I

- 1 We praise you, O God, we acclaim you as the Lord; all creation worships you, the Father everlasting.
- 2 To you all angels, all the powers of heaven, the cherubim and seraphim, sing in endless praise:
 - 3 Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
 - 4 The glorious company of apostles praise you; the noble fellowship of prophets praise you.
 - 5 The white-robed army of martyrs praise you; throughout the world, the holy Church acclaim you:
- 6 Father, of majesty unbounded, your true and only Son, worthy of all praise, the Holy Spirit, advocate and guide.

Music

HOLY BAPTISM

We welcome Quincy John Claude Esposito

Holy Baptism is administered to infants on the understanding that they will be brought up in the fellowship of Christ's Church; that they will be taught the Christian faith; and that, when they have publicly confessed this faith, they will be confirmed by the bishop and admitted to the Holy Communion.

The Presentation

We welcome those who come to be baptized. I invite the sponsors to present them now.

We present.....to be baptized.

Parents and godparents, will you accept the responsibilities placed upon you in bringing ... for baptism and answer on his/her behalf? By your own prayers and example, by your teaching and love, will you encourage him/her in the life and faith of the Christian Community?

With the help of God, we will.

In baptism, this child begins his/her journey in faith. You speak for him/her today. Will you care for him/her, and help him/her to take his/her place within the life and worship of Christ's Church? **With the help of God, we will.**

The Decision

To the Parents and Godparents

Do you turn to Christ? **I do.**

Do you then renounce the devil and all his works? **I do, by God's help.**

Will you obey and serve Christ? **I will, by God's help.**

To the Congregation

You have heard these our brothers and sisters respond to Christ. Will you support them in this calling? **We will support them.**

The Baptism

Water is poured into the font

Praise God who made heaven and earth. **Who keeps his promise for ever.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

We thank you, almighty God, for the gift of water to sustain, refresh and cleanse all life. Over water the Holy Spirit moved in the beginning of creation. Through water you led the children of Israel from slavery in Egypt to freedom in the Promised Land. In water your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us from the death of sin to newness of life. We thank you, Father, for the water of baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore, in joyful obedience to your Son, we baptize into his fellowship those who come to him in faith. Now *sanctify this water* that, by the power of your Holy Spirit, this child may be cleansed from sin and born again. Renewed in your image, may he/she walk by the light of faith and continue for ever in the risen life of Jesus Christ our Lord; to whom with you and the Holy Spirit be all honour and glory, now and for ever. **Amen.**

Parents and Godparents do you believe the Christian faith into which is to be baptized?

I do.

To the Sponsors and Congregation

Brothers and sisters, I ask you to profess, the faith of the Church.

Do you believe and trust in God the Father?

I believe in God, the Father almighty, creator of heaven and earth.

Do you believe and trust in God the Son?

I believe in Jesus Christ, God's only Son, our Lord who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

Do you believe and trust in God the Holy Spirit?

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

..... I baptize you in the name of the Father, and of the Son and of the Holy Spirit. **Amen.**

Christ claims you for his own. Receive the sign of the cross.

✠

Live as a disciple of Christ, fight the good fight, finish the race, keep the faith.

Confess Christ crucified, proclaim his resurrection, look for his coming in glory.

God has called you into his Church.

We therefore receive and welcome you as a member with us of the body of Christ, as a child of the one heavenly Father, and as an inheritor of the kingdom of God.

A candle may be presented with the words

God has delivered us from the dominion of darkness and has given us a place with the saints in light. You have received the light of Christ; walk in his light all the days of your life. **Shine as a light in the world to the glory of God the Father.**

Music

The Prayers of the People

The Lord be with you **and also with you.**

Kneel

Let us pray. Lord, have mercy. **Christ, have mercy.** Lord, have mercy.

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Suitable prayers may follow

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

The Blessing

Music

SAINT MICHAEL'S CHURCH – THE HOLY EUCHARIST

Please stand for the entry of the Clergy

WELCOME & INTRODUCTION

The Lord be with you **And also with you**

COLLECT FOR PURITY

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself. On these two commandments depend all the law and the prophets.

Lord, have mercy on us, and write these your laws in our hearts.

The Confession is introduced with appropriate words, such as:

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life. Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Silence

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

The celebrant pronounces the Absolution

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father, receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT OF THE DAY *(SEE PAGE 10)*

PROCLAIMING AND RECEIVING THE WORD

THE EPISTLE *(SEE PAGE 11)*

At the end the reader may say

This is the Word of the Lord. **Thanks be to God.**

MUSIC

THE GOSPEL (*SEE PAGE 11*)

Please stand and face the reader

Hear the Gospel of our Saviour Christ, according to St ... chapter .. beginning at verse ..

Glory to you, Lord Jesus Christ

At the end the reader may say

This is the Gospel of the Lord. **Praise to you, Lord Jesus Christ**

THE SERMON

Please sit

Please stand as the preacher leaves the pulpit

THE NICENE CREED

Please face the Altar

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

THE PRAYERS OF THE PEOPLE

Please kneel or sit

The Response to 'Lord in your mercy' is 'hear our prayer'

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

CELEBRATING AT THE LORD'S TABLE [12]

MUSIC

THE TAKING OF THE BREAD AND WINE

Christ our passover has been sacrificed for us
therefore let us celebrate the feast

THE GREAT THANKSGIVING

The Lord is here. **His Spirit is with us.**
Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**
Father, almighty and everliving God, at all times and in all places it is right to give you thanks and
praise: *A proper preface may follow here*

And so with all your people, with angels and archangels, and with all the company of heaven, we
proclaim your great and glorious name, for ever praising you and singing/saying:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
Hosanna in the highest!

Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Blessed are you, Father, the creator and sustainer of all things; you made us in your own image,
male and female you created us; even when we turned away from you, you never ceased to care
for us, but in your love and mercy you freed us from the slavery of sin, giving your only begotten
Son to become man and suffer death on the cross to redeem us; he made there the one
complete and all-sufficient sacrifice for the sins of the whole world: he instituted, and in his holy
Gospel commanded us to continue, a perpetual memory of his precious death until he comes
again: On the night that he was betrayed he took bread; and when he had given thanks to you,
he broke it, and gave it to his disciples, saying, Take, eat, this is my body which is given for you.
Do this in remembrance of me. In the same way, after supper he took the cup; and when he
had given thanks to you, he gave it to them, saying, Drink this, all of you, for this is my blood of
the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as
often as you drink it, in remembrance of me.

Therefore, Father, with this bread and this cup we do as Christ your Son commanded:

we remember his passion and death, we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.

Accept through him, our great high priest, this our sacrifice of praise and thanksgiving; and as we
eat and drink these holy gifts, grant by the power of the life-giving Spirit that we may be made
one in your holy Church and partakers of the body and blood of your Son, that he may dwell in
us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in
whom, in the unity of the Holy Spirit,

all honour and glory are yours, Almighty Father, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The bread which we break is a sharing in the body of Christ: **We being many are one body,**
for we all share in the one bread.

Jesus Christ is the Lamb of God, who has taken away the sins of the world. Happy are those
who are called to his supper. **Lord, I am not worthy to receive you, but only say the**
word and I shall be healed.

THE COMMUNION

Directions shall be given by the celebrant on the administration of Holy Communion

THE GREAT SILENCE

GOING OUT AS GOD'S PEOPLE

POST COMMUNION PRAYER (SEE PAGE 11)

A prayer is said, followed by

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

THE BLESSING

THE DISMISSAL

Go in peace to love and serve the Lord: **In the name of Christ. Amen.**

Organ Voluntary

Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it.

Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.

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THIS WEEKS COLLECTS AND READINGS

The Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: Mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ our Lord. Amen.

Exodus 1: 8 - 2: 10

Now a new king arose over Egypt, who did not know Joseph. He said to his people, 'Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land.' Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, 'When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live.' But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, 'Why have you done this, and allowed the boys to live?' The midwives said to Pharaoh, 'Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them.' So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, 'Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live.' Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

Psalm 124

If the Lord himself had not been on our side, ◆ now may Israel say;

If the Lord had not been on our side, ◆ when enemies rose up against us;

Then would they have swallowed us alive ◆ when their anger burned against us;

Then would the waters have overwhelmed us and the torrent gone over our soul; ◆ over our soul would have swept the raging waters.

But blessed be the Lord ◆ who has not given us over to be a prey for their teeth.

Our soul has escaped as a bird from the snare of the fowler; ◆ the snare is broken and we are delivered.

Our help is in the name of the Lord, ◆ who has made heaven and earth.

Romans 12: 1-8

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

Matthew 16: 13-20

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the

prophets.' He said to them, 'But who do you say that I am?' Simon Peter answered, 'You are the Messiah, the Son of the living God.' And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.' Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Post Communion Prayer

Lord of all mercy, we your faithful people have celebrated the memorial of that single sacrifice which takes away our sins and brings pardon and peace. By our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. Amen.

THIS WEEKS NOTICES

Thank you: To all those who turned up last Monday in the Cathedral for a clean-up of the grounds.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys Sunday services will be on air at **11.15am**.
Please note change of time.

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Patrick McNamara, Rossum McNamara, Alan Oakley, Renate Franke, Myrtle Somers, Anna McCrum, David Whitaker, Nigel McGuire, Billy Hayes, Eunice Amaeze, John McKeon and Serena Grace Fitzgerald.

Cycle of Prayer: *Church of Ireland:* The Diocese of Dublin & Glendalough and Archbishop Michael Jackson. *Anglican Cycle of Prayer:* The Church of the Province of South East Asia and Most Revd Melter Tais, Archbishop of South East Asia & Bishop of Sabah. *Diocese:* The Church of Ireland Theological College and those preparing for ordination.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Anne Greenaway, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Michael Devereux, Archie Brown, Terry Cusack, Sylvia Martin and John Walsh.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

CONTACT DETAILS

- The Very Rev'd Niall Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerickanglican.org; Tel: 061-338697. Day off: Friday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerickanglican.org; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com

www.lcp.limerick.anglican.org