



Limerick City Parish: The People's Park, Pery Square

SERVICE BOOKLET

Trinity VII (Proper 12)

26th July 2020

St Michael's Church – 10am
St John's Church, Abington – 11am
St Mary's Cathedral – 11.15am



A message from the Dean & Rector

Fáilte! On behalf of the parishioners you are very welcome, whether you are visiting for the first time or for the 1000th time! We share in worship which has been offered here for centuries.

The Very Rev'd Niall J. Sloane,
Dean & Rector.

PROTOCOLS FOR PUBLIC WORSHIP IN LIMERICK CITY PARISH

Whilst each church building has had to initiate its own unique plans, there are some general principles to which we must adhere.

- **Physical distancing:** This is the basic practice which underpins the others. Please make every effort to comply rigorously with prevailing government restrictions.
- **Opening:** At this stage it is the intention to open our church buildings every Sunday (where the availability of clergy/readers permit) for worship and close for the remainder of the week – this is being done to adhere to guidelines and advice around cleaning and infection control.
- **Wearing masks:** We need to adhere to government guidelines, which may change - but in the meantime, masks should be worn wherever possible. Please bring your own mask with you to church.
- **Hand sanitisers** will be available in the church porch - please use them. You might want to bring your own, and possibly also disposable tissues to take home.
- **Gloves:** Please bring your own if you feel they give you extra protection. The advice received is as follows: *"We do not recommend gloves, as one must keep changing them, after touching new surfaces for them to be effective...soap and water is more effective than gloves and easier on the hands. We do recommend face masks."*
- **Visitors:** It may very well be that some new people will wish to come to church to give thanks for safety or recovery. Even though it won't be possible to welcome them as normal, please take the opportunity to make them feel welcome, but from a distance!
- **Pews:** In order to comply with distancing requirements, we need to fill up from the front pew first. That means you may be guided to a pew other than you would normally choose. Enjoy the different view! Family members may of course sit together.
- **Children:** The books/toys etc. at the back of church will **NOT** be available for the duration - perhaps you might bring crayons/(silent!) toys to keep young ones happy, and try to keep them in one place – we have been asked to minimise movement. Weekly resources will still be made available on-line.
- **Hymn Books/Prayer Books:** These will not be needed - there will be a 'take home' service sheet every week with readings and notices. Alternatively, you may download and print the service sheet at home and bring it to church with you, remembering to take it home again! Then again, you could bring your tablet or iPad for use during the service, reducing printing paper.

- **Singing:** We are advised that singing is potentially more likely to spread infection, so for the time being we may just listen to music. Sadly this also means that the choirs will not be returning for the present.
- **Type of Service:** To begin with all services will be Morning Prayer. This will be reviewed weekly.
- **Going in/Coming out:** These are the times when we may be at the most risk of getting too close to others - so please be careful to maintain distance, avoid congregating in groups outside and listen to the directions of stewards and observe carefully any signage. (Apart from statutory notices, there will be no church notices on the noticeboards as per the guidelines.)
- **Churchwardens:** The churchwarden(s) will greet people on entry to church, asking them about their general well-being and if they have been in contact with anyone displaying any symptoms in the previous 24 hours. People will be directed to the allocated seats, which are following the guidelines. Therefore you may not necessarily be sitting in your normal place! You will be directed out of church as well. As time progresses, we hope that the guidelines will be eased, but until then please bear with us and the churchwardens, while we adjust to the new protocols.
- **Tea/Coffee:** We will **NOT** be able to serve refreshments in church until further guidelines are issued from Church House.
- **Contact Tracing:** We have been asked to keep a record of attendees for possible tracing - these records will be disposed of after the recommended 14 days and will fully comply with GDPR legislation. Every church will have a designated person to record your attendance. (Don't worry the clergy will not be studying it!)
- **If you show symptoms of Covid 19:** e.g. a temperature or are feeling unwell, much as we'd love to see you, it is strongly recommended that you stay at home. We'll continue to stream services from the Cathedral for the foreseeable future
- **Offertory Collections:** Again, the churches have been instructed to have a retiring collection. However, this might be a good time to instigate a standing order if you haven't already done so.
- **Toilets, etc:** These will be out of action for the foreseeable future and only used in cases of **extreme** emergencies. (The first number of services will be no longer than 30/40 minutes duration.
- **Anxious?** This is an anxious and unsettling time for everybody. If you are concerned about your mental health, may I direct you to the following resource - <https://www2.hse.ie/wellbeing/mental-health/minding-your-mental-health-during-the-coronavirus-outbreak.html>

DEVOTIONAL PRAYERS

Before Service

O Lord, open our Lips, that our mouths may proclaim your praise, and purify our hearts that we may worthily magnify your glorious Name; through Jesus Christ our Lord. Amen.

Lord God You are here, may we come to You with a mixture of humility and joy.
May we feel Your nearness and learn from You. Amen.

Lord, it is not easy to be humble; but in this service we ask for humility, so that it is You who may be seen by each person here. May Your will be done. Amen.

After Service

Grant, O Lord, that what we have sung with our lips we may believe in our hearts, and may always steadfastly fulfil; through Jesus Christ our Lord. Amen.

AN ORDER FOR MORNING PRAYER

The Gathering of God's People
Stand

The Lord be with you **and also with you.**

SENTENCE OF SCRIPTURE

Then Jesus said, Let anyone with ears listen!

The minister may introduce the service in these or other suitable words:

Beloved in Christ, we come together to offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love.

The minister says

Let us confess our sins to God our Father.

Kneel. Silence is kept.

Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest pronounces the absolution.

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Proclaiming and Receiving the Word *Stand*

O Lord, open our lips **and our mouth will proclaim your praise.**

O God, make speed to save us. **O Lord, make haste to help us.**

Glory to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and shall be for ever. Amen.

Praise the Lord. **The Lord's name be praised.**

FIRST CANTICLE: GREAT AND WONDERFUL *Revelation 15: 3,4 and 5: 13b*

- 1 Great and wonderful are your deeds Lord | God, · the Al|mighty: just and true are your | ways O | King · of the | nations.
- 2 Who shall not revere and praise your | name O | Lord? for | you a|lone are | holy.
- 3 All nations shall come and worship | in your | presence: for your just | dealings · have | been re|vealed.
- 4 To him who sits on the throne and | to the | Lamb be praise and honour, glory and might, for ever and | ever. | A|men.

First Reading: Genesis 29: 15-28: Then Laban said to Jacob, 'Because you are my kinsman, should you therefore serve me for nothing? Tell me, what shall your wages be?' Now Laban had two daughters; the name of the elder was Leah, and the name of the younger was Rachel. Leah's eyes were lovely, and Rachel was graceful and beautiful. Jacob loved Rachel; so he said, 'I will serve you seven years for your younger daughter Rachel.' Laban said, 'It is better that I give her to you than that I should give her to any other man; stay with me.' So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her. Then Jacob said to Laban, 'Give me my wife that I may go in to her, for my time is completed.' So Laban gathered together all the people of the place, and made a feast. But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. (Laban gave his maid Zilpah to his daughter Leah to be her maid.) When morning came, it was Leah! And Jacob said to Laban, 'What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?' Laban said, 'This is not done in our country—giving the younger before the firstborn. Complete the week of this one, and we will give you the other also in return for serving me for another seven years.' Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife.

Psalm 105: 1-11, 45

- 1 O give thanks to the Lord and call upon his name; ♦ make known his deeds among the peoples.
 - 2 Sing to him, sing praises, ♦ and tell of all his marvellous works.
 - 3 Rejoice in the praise of his holy name; ♦ let the hearts of them rejoice who seek the Lord.
 - 4 Seek the Lord and his strength; ♦ seek his face continually.
 - 5 Remember the marvels he has done, ♦ his wonders and the judgements of his mouth,
 - 6 O seed of Abraham his servant, ♦ O children of Jacob his chosen.
 - 7 He is the Lord our God; ♦ his judgements are in all the earth.
 - 8 He has always been mindful of his covenant, ♦ the promise that he made for a thousand generations:
 - 9 The covenant he made with Abraham, ♦ the oath that he swore to Isaac,
 - 10 Which he established as a statute for Jacob, ♦ an everlasting covenant for Israel,
 - 11 Saying, 'To you will I give the land of Canaan ♦ to be the portion of your inheritance.'
 - 45 That they might keep his statutes ♦ and faithfully observe his laws. Alleluia.
- Glory to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be for ever. Amen.

Second Reading: Matthew 13: 31-33, 44-52: He put before them another parable: 'The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.' He told them another parable: 'The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened.' 'The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field. 'Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it. 'Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth. 'Have you understood all this?' They answered, 'Yes.' And he said to them, 'Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old.'

SECOND CANTICLE: URBS FORTITUDINIS *Isaiah 26: 1-4,7,8*

- 1 We have a | strong | city: salvation will God ap|point for | walls and | bulwarks.
2 Open | ye the | gates: that the righteous nation which keepeth the | truth may | enter | in.
3 Thou wilt keep him in perfect peace whose mind is | stayed on | thee be|cause he | trusteth ·in | thee.
4 Trust ye in the | Lord for | ever: for our rock of | ages | is the | Lord.
5 The way of the | just is | uprightness; thou that art upright dost di|rect the | path ·of the | just
6 Yea in the way of thy judgments O Lord have we | waited ·for | thee; the desire of our
soul is to thy Name, | and ·to the re|membrance ·of | thee.
Glory | be ·to the | Father, and to the Son, | and ·to the | Holy | Spirit;
as it | was in ·the be|ginning, is now and ever shall be, | world with ·out | end. A|men.

Music

The Sermon

THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Music

The Prayers of the People

The Lord be with you **and also with you.**

Kneel

Let us pray. Lord, have mercy. **Christ, have mercy.** Lord, have mercy.

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The versicles and responses may be said.

Show us your mercy, O Lord, **and grant us your salvation.**

O Lord, guide and defend our rulers **and grant our government wisdom.**

Let your ministers be clothed with righteousness **and let your servants shout for joy.**

O Lord, save your people **and bless those whom you have chosen.**

Give peace in our time, O Lord, **and let your glory be over all the earth.**

O God, make clean our hearts within us **and renew us by your Holy Spirit.**

THE COLLECTS

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord. Amen.

O Lord, our heavenly Father, almighty and everliving God, we give you thanks for bringing us safely to this day: Keep us from falling into sin or running into danger, and in all things guide us to know and do your will; through Jesus Christ our Lord. Amen.

Go before us, Lord, in all our doings, with your most gracious favour, and further us with your continual help; that in all our works begun, continued and ended in you, we may glorify your holy name, and finally by your mercy attain everlasting life; through Jesus Christ our Lord. Amen.

The Prayers

The Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

Music

Prayers about the Coronavirus outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Loving Father, we entrust to you the sick, the quarantined, and their families. Bring them healing in body, mind and spirit. Comfort the bereaved and anxious. Sustain and protect frontline medical staff, carers and essential workers. Further the efforts of those seeking to contain the spread of the virus. Give wisdom to those in authority making decisions in response to the epidemic. And guide us all to protect ourselves and our communities. In Jesus' name we pray. Amen

Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it.

Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.

The New Revised Standard Version (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America

Material in this service is reproduced from The Book of Common Prayer under licence, copyright © RCB 2004

CCLI Licence number 500384

www.lcp.limerick.anglican.org

THIS WEEKS NOTICES

Holy Communion: We hope to resume services of Holy Communion on Sundays (as per 'normal schedule') and on Thursdays (10.30am in the Cathedral) in August. The first such service will be on Sunday 2nd August at 11.15am in Saint Mary's Cathedral. More details about further services next week.

Children's Resources: Please see www.ireland.anglican.org/parish-resources/607/covid19-resources-for-family-activities#section-607 for a selection of resources for the junior members of our parish.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys Sunday services will be on air at 11.15am. Please note change of time.

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Kingsmill Pennefather, Alan Lillington, Peter Elms, Charles Obyakor, Patrick Conroy, David Pyle, Betty Brislane, Dymphna Burke and Christopher Watts.

Cycle of Prayer: *Church of Ireland:* The Diocese of Tuam, Killala & Achonry and Bishop Patrick Rooke. *Anglican Cycle of Prayer:* We pray for the team responsible for preparing the Lambeth Conference, which was due to be taking place now, as they consider the implications of its postponement in light of the Covid-19 pandemic. *Diocese:* The Clonfert group of parishes, Rev Olive Henderson, and the congregations of St Brendan's Cathedral Clonfert, St Paul's Banagher, St John the Baptist Eyrecourt, and Christ Church Portumna.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Anne Greenaway, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Michael Devereux, Archie Brown, Terry Cusack, Sylvia Martin and John Walsh.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

CONTACT DETAILS

- The Very Rev'd Niall Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerickanglican.org; Tel: 061-338697. Day off: Friday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerickanglican.org; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com

www.lcp.limerick.anglican.org