



Limerick City Parish: The Clare Glens

SERVICE BOOKLET

**Trinity V (Proper 10)
12th July 2020**



A message from the Dean & Rector

Fáilte! On behalf of the parishioners you are very welcome, whether you are visiting for the first time or for the 1000th time! We share in worship which has been offered here for centuries.

The Very Rev'd Niall J. Sloane,
Dean & Rector.

PROTOCOLS FOR PUBLIC WORSHIP IN LIMERICK CITY PARISH

Whilst each church building has had to initiate its own unique plans, there are some general principles to which we must adhere.

- **Physical distancing:** This is the basic practice which underpins the others. Please make every effort to comply rigorously with prevailing government restrictions.
- **Opening:** At this stage it is the intention to open our church buildings every Sunday (where the availability of clergy/readers permit) for worship and close for the remainder of the week – this is being done to adhere to guidelines and advice around cleaning and infection control.
- **Wearing masks:** We need to adhere to government guidelines, which may change - but in the meantime, masks should be worn wherever possible. Please bring your own mask with you to church.
- **Hand sanitisers** will be available in the church porch - please use them. You might want to bring your own, and possibly also disposable tissues to take home.
- **Gloves:** Please bring your own if you feel they give you extra protection. The advice received is as follows: *“We do not recommend gloves, as one must keep changing them, after touching new surfaces for them to be effective...soap and water is more effective than gloves and easier on the hands. We do recommend face masks.”*
- **Visitors:** It may very well be that some new people will wish to come to church to give thanks for safety or recovery. Even though it won't be possible to welcome them as normal, please take the opportunity to make them feel welcome, but from a distance!
- **Pews:** In order to comply with distancing requirements, we need to fill up from the front pew first. That means you may be guided to a pew other than you would normally choose. Enjoy the different view! Family members may of course sit together.
- **Children:** The books/toys etc. at the back of church will **NOT** be available for the duration - perhaps you might bring crayons/(silent!) toys to keep young ones happy, and try to keep them in one place – we have been asked to minimise movement. Weekly resources will still be made available on-line.
- **Hymn Books/Prayer Books:** These will not be needed - there will be a 'take home' service sheet every week with readings and notices. Alternatively, you may download and print the service sheet at home and bring it to church with you, remembering to take it home again! Then again, you could bring your tablet or iPad for use during the service, reducing printing paper.

- **Singing:** We are advised that singing is potentially more likely to spread infection, so for the time being we may just listen to music. Sadly this also means that the choirs will not be returning for the present.
- **Type of Service:** To begin with all services will be Morning Prayer. This will be reviewed weekly.
- **Going in/Coming out:** These are the times when we may be at the most risk of getting too close to others - so please be careful to maintain distance, avoid congregating in groups outside and listen to the directions of stewards and observe carefully any signage. (Apart from statutory notices, there will be no church notices on the noticeboards as per the guidelines.)
- **Churchwardens:** The churchwarden(s) will greet people on entry to church, asking them about their general well-being and if they have been in contact with anyone displaying any symptoms in the previous 24 hours. People will be directed to the allocated seats, which are following the guidelines. Therefore you may not necessarily be sitting in your normal place! You will be directed out of church as well. As time progresses, we hope that the guidelines will be eased, but until then please bear with us and the churchwardens, while we adjust to the new protocols.
- **Tea/Coffee:** We will **NOT** be able to serve refreshments in church until further guidelines are issued from Church House.
- **Contact Tracing:** We have been asked to keep a record of attendees for possible tracing - these records will be disposed of after the recommended 14 days and will fully comply with GDPR legislation. Every church will have a designated person to record your attendance. (Don't worry the clergy will not be studying it!)
- **If you show symptoms of Covid 19:** e.g. a temperature or are feeling unwell, much as we'd love to see you, it is strongly recommended that you stay at home. We'll continue to stream services from the Cathedral for the foreseeable future
- **Offertory Collections:** Again, the churches have been instructed to have a retiring collection. However, this might be a good time to instigate a standing order if you haven't already done so.
- **Toilets, etc:** These will be out of action for the foreseeable future and only used in cases of **extreme** emergencies. (The first number of services will be no longer than 30/40 minutes duration.
- **Anxious?** This is an anxious and unsettling time for everybody. If you are concerned about your mental health, may I direct you to the following resource - <https://www2.hse.ie/wellbeing/mental-health/minding-your-mental-health-during-the-coronavirus-outbreak.html>

DEVOTIONAL PRAYERS

Before Service

○ Lord, open our Lips, that our mouths may proclaim your praise, and purify our hearts that we may worthily magnify your glorious Name; through Jesus Christ our Lord. Amen.

Lord God You are here, may we come to You with a mixture of humility and joy.
May we feel Your nearness and learn from You. Amen.

Lord, it is not easy to be humble; but in this service we ask for humility, so that it is You who may be seen by each person here. May Your will be done. Amen.

After Service

Grant, ○ Lord, that what we have sung with our lips we may believe in our hearts, and may always steadfastly fulfil; through Jesus Christ our Lord. Amen.

AN ORDER FOR MORNING PRAYER

The Gathering of God's People
Stand

The Lord be with you **and also with you.**

SENTENCE OF SCRIPTURE

Then Jesus said, Let anyone with ears listen!

The minister may introduce the service in these or other suitable words:

Beloved in Christ, we come together to offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love.

The minister says

Let us confess our sins to God our Father.

Kneel. Silence is kept.

Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest pronounces the absolution.

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Proclaiming and Receiving the Word Stand

O Lord, open our lips **and our mouth will proclaim your praise.**

O God, make speed to save us. **O Lord, make haste to help us.**

Glory to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and shall be for ever. Amen.

Praise the Lord. **The Lord's name be praised.**

FIRST CANTICLE: GREAT AND WONDERFUL *Revelation 15: 3,4 and 5: 13b*

- 1 Great and wonderful are your deeds Lord | God, · the Al|mighty: just and true are your |
ways O | King · of the | nations.
- 2 Who shall not revere and praise your | name O | Lord? for | you a|lone are | holy.
- 3 All nations shall come and worship | in your | presence: for your just | dealings · have | been
re|vealed.
- 4 To him who sits on the throne and | to the | Lamb be praise and honour, glory and might,
for ever and | ever. | A|men.

First Reading: Genesis 25: 19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the Lord. And the Lord said to her, 'Two nations are in your womb, and two peoples born of you shall be divided; one shall be stronger than the other, the elder shall serve the younger.' When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.) Jacob said, 'First sell me your birthright.' Esau said, 'I am about to die; of what use is a birthright to me?' Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Psalm 119: 105-112

105 Your word is a lantern to my feet ◆ and a light upon my path.

106 I have sworn and will fulfil it, ◆ to keep your righteous judgements.

107 I am troubled above measure; ◆ give me life, O Lord, according to your word.

108 Accept the freewill offering of my mouth, O Lord, ◆ and teach me your judgements.

109 My soul is ever in my hand, ◆ yet I do not forget your law.

110 The wicked have laid a snare for me, ◆ but I have not strayed from your commandments.

111 Your testimonies have I claimed as my heritage for ever; ◆ for they are the very joy of my heart.

112 I have applied my heart to fulfil your statutes: ◆ always, even to the end.

Glory to the Father, & to the Son, & to the Holy Spirit; as it was in the beginning, is now, & shall be for ever. Amen.

Second Reading: Matthew 13: 1-9, 18-23

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!' 'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

SECOND CANTICLE: URBS FORTITUDINIS *Isaiah 26: 1-4,7,8*

- 1 We have a | strong | city: salvation will God ap|point for | walls and | bulwarks.
2 Open | ye the | gates: that the righteous nation which keepeth the | truth may | enter | in.
3 Thou wilt keep him in perfect peace whose mind is | stayed on | thee be|cause he | trusteth ·in | thee.
4 Trust ye in the | Lord for | ever: for our rock of | ages | is the | Lord.
5 The way of the | just is | uprightness; thou that art upright dost di|rect the | path ·of the | just
6 Yea in the way of thy judgments O Lord have we | waited ·for | thee; the desire of our
soul is to thy Name, | and ·to the re|membrance ·of | thee.
Glory | be ·to the | Father, and to the Son, | and ·to the | Holy | Spirit;
as it | was in ·the be|ginning, is now and ever shall be, | world with ·out | end. A|men.

Music

The Sermon

THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Music

The Prayers of the People

The Lord be with you **and also with you.**

Kneel

Let us pray. Lord, have mercy. **Christ, have mercy.** Lord, have mercy.

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The versicles and responses may be said.

Show us your mercy, O Lord, **and grant us your salvation.**

O Lord, guide and defend our rulers **and grant our government wisdom.**

Let your ministers be clothed with righteousness **and let your servants shout for joy.**

O Lord, save your people **and bless those whom you have chosen.**

Give peace in our time, O Lord, **and let your glory be over all the earth.**

O God, make clean our hearts within us **and renew us by your Holy Spirit.**

THE COLLECTS

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: Hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ. Amen.

O Lord, our heavenly Father, almighty and everliving God, we give you thanks for bringing us safely to this day: Keep us from falling into sin or running into danger, and in all things guide us to know and do your will; through Jesus Christ our Lord. Amen.

Go before us, Lord, in all our doings, with your most gracious favour, and further us with your continual help; that in all our works begun, continued and ended in you, we may glorify your holy name, and finally by your mercy attain everlasting life; through Jesus Christ our Lord. Amen.

The Prayers

The Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

Music

Prayers about the Coronavirus outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Loving Father, we entrust to you the sick, the quarantined, and their families. Bring them healing in body, mind and spirit. Comfort the bereaved and anxious. Sustain and protect frontline medical staff, carers and essential workers. Further the efforts of those seeking to contain the spread of the virus. Give wisdom to those in authority making decisions in response to the epidemic. And guide us all to protect ourselves and our communities. In Jesus' name we pray. Amen

Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it.

Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.

The New Revised Standard Version (Anglicized Edition), copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America

Material in this service is reproduced from The Book of Common Prayer under licence, copyright © RCB 2004

CCLI Licence number 500384

www.lcp.limerick.anglican.org

THIS WEEKS NOTICES

Organ Recital: Mr Peter Barley will present a lunchtime organ recital via the Cathedral livestream (www.churchservices.tv/limerickstmarys) on Wednesday 22nd July at 1.15pm.

Newslink: There will be no edition for July, but there will be an issue (hard copy) in August.

Sympathy: We offer our thoughts and sympathy to Joe, Lucy and the Kavanagh family on the recent death of his nephew.

Help wanted! The Dean is looking for some volunteers to assist with the cleaning of the Crypt apartment at St Michael's (the apartment was recently vacated). Please contact the Dean.

Children's Resources: Please see www.ireland.anglican.org/parish-resources/607/covid19-resources-for-family-activities#section-607 for a selection of resources for the junior members of our parish.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys Sunday services will be on air at 11.15am. **Please note change of time.**

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Mary Donnelly, James Thompson, Anna Lilly, Alrick Thompson, Mary Yates, Eamonn Buckley, Eileen Little and Klaus Latzel.

Cycle of Prayer: *Church of Ireland:* The Diocese of Tuam, Killala & Achonry and Bishop Patrick Rooke. *Anglican Cycle of Prayer:* The Anglican Church of Papua New Guinea and Most Revd Allan Migi, Archbishop of Papua New Guinea. *Diocese:* The Galway Group of parishes in the Diocese of Tuam, Very Rev Lynda Pellow, and the congregations of St Nicholas Collegiate Church Galway & Kilcummin (Oughterard).

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Anne Greenaway, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Michael Devereux, Archie Brown, Terry Cusack and John Walsh.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

CONTACT DETAILS

- The Very Rev'd Niall Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerick.anglican.org; Tel: 061-338697. Day off: Friday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerick.anglican.org; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com

www.lcp.limerick.anglican.org