



Founded 1168

**SAINT MARY'S
CATHEDRAL**
LIMERICK



Saint John's Church, Abington

SERVICE BOOKLET

**Trinity III (Proper 8)
28th June 2020**



A message from the Dean

Fáilte! On behalf of the chapter and parish I welcome you to Saint Mary's Cathedral, Limerick. You are very welcome, whether you are visiting for the first time or for the 1000th time! We share in worship which has been offered here for 850 years.

Niall

The Very Rev'd Niall J. Sloane,
Dean.

Devotional Prayers

Before a Celebration of the Holy Eucharist

Cleanse us, O Lord, and keep us undefiled, that we may be numbered among those blessed ones, who, having washed their robes, and made them white in the Blood of the Lamb, stand before your throne, and serve you day and night in Your Temple. Amen.

Father in heaven, you have made us for yourself; our hearts are restless until they rest in you. Fulfill this longing through Jesus, the bread of life, so that we may witness to him who alone satisfies the hungers of the human family. By the power of your Spirit lead us to the heavenly table where we may feast on the vision of your glory forever and ever. Amen.

After Celebration

O God, who in this wonderful Sacrament left us a memorial of your Passion: grant, we implore you, that we may so venerate the sacred mysteries of your Body and Blood, as always to be conscious of the fruit of your Redemption. You who live and reign forever and ever.
Amen.

THE HOLY EUCHARIST

Order of Service



Prelude - Schmucke dich, O liebe seele - J.S. Bach

INTRODUCTION & WELCOME

The Lord be with you
And also with you

COLLECT FOR PURITY

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself. On these two commandments depend all the law and the prophets.

Lord, have mercy on us, and write these your laws in our hearts.

The Confession is introduced with appropriate words, such as:

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life. Let us then confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace:

Silence

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

The celebrant pronounces the Absolution

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father, receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Said by the Celebrant

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: Give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ our Lord. **Amen.**

PROCLAIMING AND RECEIVING THE WORD

THE FIRST READING ~ Genesis 22: 1-14

Please sit

After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, 'Father!' And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?' Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place 'The Lord will provide'; as it is said to this day, 'On the mount of the Lord it shall be provided.'

At the end the reader may say

This is the Word of the Lord.

Thanks be to God.

THE PSALM ~ 13

Stand

How long will you forget me, O Lord; for ever? ◆ How long will you hide your face from me?
How long shall I have anguish in my soul and grief in my heart, day after day? ◆ How long shall
my enemy triumph over me?

Look upon me and answer, O Lord my God; ◆ lighten my eyes, lest I sleep in death;
Lest my enemy say, 'I have prevailed against him,' ◆ and my foes rejoice that I have fallen.

But I put my trust in your steadfast love; ◆ my heart will rejoice in your salvation.

I will sing to the Lord, ◆ for he has dealt so bountifully with me.

THE EPISTLE ~ Romans 6: 12-23

Sit

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

At the end the reader may say

This is the Word of the Lord.

Thanks be to God.

THE GRADUAL

Please stand

MUSIC - Sicilienne - Maria Theresia von Paradis arr Charles Macdonald

THE GOSPEL

Please turn to face the reader

Hear the Gospel of our Saviour Christ, according to Saint Matthew chapter 10 beginning at verse 40

Glory to you, Lord Jesus Christ.

‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward’.

At the end the reader may say

This is the Gospel of the Lord.

Praise to you, Lord Jesus Christ.

THE SERMON: THE DEAN

Please sit

THE NICENE CREED

Please stand

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

THE PRAYERS OF THE PEOPLE

Please kneel or sit

The Response to 'Lord in your mercy' is 'hear our prayer'

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

THE PEACE

Please stand

Jesus said, A new commandment I give to you, that you love one another: even as I have loved you, that you also love one another.

The peace of the Lord be always with you
and also with you.

CELEBRATING AT THE LORD'S TABLE [12]

THE OFFERTORY HYMN 645

Sussex



1

Father, hear the prayer we offer:
not for ease that prayer shall be,
but for strength that we may ever
live our lives courageously.

2

Be our strength in hours of weakness,
in our wanderings be our Guide;
through endeavor, failure, danger,
Father, be thou at our side.

Words: Maria Willis, 1824-1908

THE TAKING OF THE BREAD AND WINE

Christ our passover has been sacrificed for us
therefore let us celebrate the feast

THE GREAT THANKSGIVING

The Lord is here. **His Spirit is with us.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Father, almighty and everliving God, at all times and in all places it is right to give you thanks and praise: And so with all your people, with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest!

Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Blessed are you, Father, the creator and sustainer of all things; you made us in your own image, male and female you created us; even when we turned away from you, you never ceased to care for us, but in your love and mercy you freed us from the slavery of sin, giving your only begotten Son to become man and suffer death on the cross to redeem us; he made there the one complete and all-sufficient sacrifice for the sins of the whole world: he instituted, and in his holy Gospel commanded us to continue, a perpetual memory of his precious death until he comes again: On the night that he was betrayed he took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, saying, Take, eat, this is my body which is given for you. Do this in remembrance of me. In the same way, after supper he took the cup; and when he had given thanks to you, he gave it to them, saying, Drink this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, Father, with this bread and this cup we do as Christ your Son commanded:

**we remember his passion and death,
we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.**

Accept through him, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of the life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit,
all honour and glory are yours, Almighty Father, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The bread which we break is a sharing in the body of Christ
We being many are one body, for we all share in the one bread.

Jesus Christ is the Lamb of God, who has taken away the sins of the world. Happy are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

THE COMMUNION

MUSIC

THE GREAT SILENCE

GOING OUT AS GOD'S PEOPLE

POST COMMUNION PRAYER

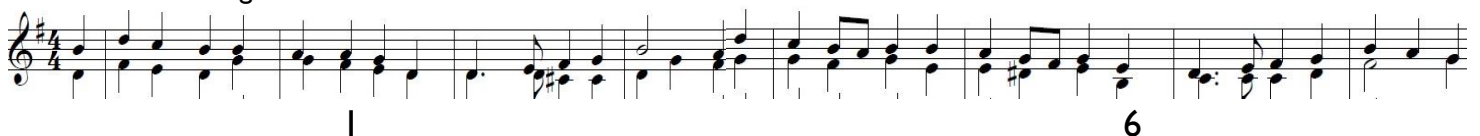
O God, whose beauty is beyond our imagining and whose power we cannot comprehend: Give us a glimpse of your glory on earth but shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. **Amen.**

followed by

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

HYMN OF THANKSGIVING 20

Dominus regit me



The King of love my shepherd is,
whose goodness faileth never;
I nothing lack if I am his,
and he is mine for ever.

And so through all the length of days
thy goodness faileth never;
Good Shepherd, may I sing thy praise
within thy house for ever.

Words: Henry Williams Baker, 1821-77

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord. **In the name of Christ. Amen.**

Postlude - Allegro maestoso (from Sonata no. 5) - Mendelssohn

Services will be recorded and may be viewed online on: www.churchservices.tv and the Cathedral website (www.saintmaryscathedral.ie) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it.

Occasional services may be recorded and will be advertised on both websites www.churchservices.tv and www.saintmaryscathedral.ie and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.

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THIS WEEKS NOTICES

Until further notice all parish activities and acts of public worship have been suspended. If you need to contact a member of the clergy, please find details below.

The Rev'd Edna Wakely: It has now been confirmed that Edna will be instituted as Rector of Castlecomer on Friday 3rd July. We are sorry to report that, due to Covid 19, the service will not be a 'public' event. Please remember Edna in your prayers during this time of change and transition. We are presently working on a way of acknowledging Edna's ministry here and saying our farewells – more information to follow.

Church reopening: Please consult the letter issued by the Dean about the reopening of the church buildings in the Parish.

Children's Resources: Please see www.ireland.anglican.org/parish-resources/607/covid19-resources-for-family-activities#section-607 for a selection of resources for the junior members of our parish.

Livestreaming: Log onto www.churchservices.tv/limerickstmarys
Sunday services will be on air at 10.30am.

This facility is NOW ABLE to record services so there will be an opportunity to view the service afterwards. The Facebook page will not be streaming the service but will provide a link to the Church Services TV website. Please do join us!

Help! Limerick has come together like never before to help those most in need during the Covid-19 Coronavirus pandemic. As you will be aware, members of sporting clubs, community groups, various agencies and organisations and individuals are volunteering to support the elderly and vulnerable at this time.

To contact the Response team Freephone 1800 832 005 or email covidsupport@limerick.ie

To register to become a volunteer please email volunteer@limerick.ie

www.limerick.ie/council/services/community-and-leisure/age-friendly-limerick/limerick-covid-19-community-response

Finance and giving: The parish treasurers and envelope recorders have received a number of donations from parishioners which is very much appreciated. Despite the on-going situation, the ministry and mission of the parish continues, and we are grateful to all those who support this. THANK YOU!

If you have any questions with respect to the Christian Stewardship / Free Will Offering 'Envelope' scheme, please contact Lindsay Boyle (087 7867134), Saint Mary's Cathedral or Trevor Lyttle (0879191314), Saint Michael's. For general enquiries about giving please contact the Treasurer of the appropriate church Terry Cusack (Saint Mary's), Daire McNamara (Saint Michael's) or Bertie Swanton (Abington).

Can you sew? Help produce masks to support healthcare professionals and other essential workers in our communities. Log onto www.masks4allireland.com/pages/make for full details.

Anxious? This is an anxious and unsettling time for everybody. If you are concerned about your mental health, may I direct you to the following resource - <https://www2.hse.ie/wellbeing/mental-health/minding-your-mental-health-during-the-coronavirus-outbreak.html>

Remembrance Book: Please remember those whose anniversaries occur at this time among them: Jack Stokil, Sheila Fogerty, Patrick Thompson, Kayamba Mashini, Cecil Howes, Patrick Gallagher, Eileen Way, Douglas Sirr, Stephen Hall, Bill Gilmour, Conner Jackson and Geraldine Hely- Hutchinson.

Cycle of Prayer: *Church of Ireland:* The Diocese of Kilmore, Elphin and Ardagh and Bishop Ferran Glenfield. *Anglican Cycle of Prayer:* The united Church of North India and Most Revd Dr Prem Chand Singh, Moderator of CNI & Bishop of Jabalpur. *Diocese:* Youth work in our dioceses, and the work of Boys' Brigade, Girls' Friendly Society, TK&A Children & Youth, and UDYC of L&K.

Prayers for the Sick: Your prayers are asked for the sick in our community, especially, Rose McNamara, Andrew Prior, Anne Greenaway, Dean Sandra Pragnell, Harold Armstrong, Lorraine McCarthy, John Nix, Michael Devereux, Archie Brown, Terry Cusack and John Walsh.

NOTE ABOUT PRAYER LIST: If you wish to place a name on the list, please email your prayer request to limerickcityparishnews@gmail.com. Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name.

For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.

Prayers about the Coronavirus outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Loving Father, we entrust to you the sick, the quarantined, and their families. Bring them healing in body, mind and spirit. Comfort the bereaved and anxious. Sustain and protect frontline medical staff, carers and essential workers. Further the efforts of those seeking to contain the spread of the virus. Give wisdom to those in authority making decisions in response to the epidemic. And guide us all to protect ourselves and our communities. In Jesus' name we pray. Amen

CONTACT DETAILS

- The Very Rev'd Niall Sloane (Dean): The Deanery, 7 Kilbane, Castletroy
Email: dean@limerickanglican.org ; Tel: 061-338697. Day off: Friday
- The Rev'd Edna Wakely: The Curatage, 50 Ballinvoher, Fr Russell Road, Limerick
Email: curate@limerickanglican.org ; Tel: 061-302038. Day off: Friday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.
Email: cathedral@limerickanglican.org ; Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

To be added to the email circulation list: Please email limerickcityparishnews@gmail.com

www.lcp.limerickanglican.org