

## WEEKLY NEWSLETTER

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*Saint Mary's, Saint Michael's, and Ss John & Ailbe*  
*12<sup>th</sup> March 2023: The Third Sunday in Lent*

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### COLLECTS AND READINGS

**Collect of the week:** Merciful Lord, Grant your people grace to withstand the temptations of the world, the flesh and the devil and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord..  
**Amen.**

**Exodus 17: 1-7:** From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

#### Psalm 95 (BCP p.702)

O come, let us sing to the Lord; ♦ let us heartily rejoice in the rock of our salvation.

Let us come into his presence with thanksgiving ♦ and be glad in him with psalms.

For the Lord is a great God ♦ and a great king above all gods.

In his hand are the depths of the earth ♦ and the heights of the mountains are his also.

The sea is his, for he made it, ♦ and his hands have moulded the dry land.

Come, let us worship and bow down ♦ and kneel before the Lord our Maker.

For he is our God; ♦ we are the people of his pasture and the sheep of his hand.

O that today you would listen to his voice: ♦ "Harden not your hearts as at Meribah, on that day at Massah in the wilderness,

"When your forebears tested me, and put me to the proof, ♦ though they had seen my works.

"Forty years long I detested that generation and said, ♦ 'This people are wayward in their hearts; they do not know my ways.'"

"So I swore in my wrath, ♦ 'They shall not enter into my rest.'"

**Romans 5: 1-11:** Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation."

**John 4: 5-42:** So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water-jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

**Post-Communion Prayer:** Lord our God, you feed us in this life with bread from heaven, the pledge and foreshadowing of future glory. Grant that the working of this sacrament within us may bear fruit in our daily lives; through Jesus Christ our Lord. **Amen.**

<b>Hymns:</b>	<b>Saint Michael's</b>	<b>234</b>	<b>244</b>	<b>411</b>	<b>105</b>
	<b>Saint Mary's</b>	<b>607</b>	<b>320</b>	<b>576</b>	

### Service Notes

- Services will be recorded and may be viewed online on: [www.churchservicesvimeridismays](http://www.churchservicesvimeridismays) and the Cathedral website ([www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie)) within the 90 days following the service. After that time recordings will be destroyed however exceptions may apply and recordings could last longer if the Cathedral required it. Occasional services may be recorded and will be advertised on both websites [www.churchservices.tv](http://www.churchservices.tv) and [www.saintmaryscathedral.ie](http://www.saintmaryscathedral.ie) and/or other communication channels of the Cathedral). If you would like further information on a particular event, please contact the Cathedral office.
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### Services & Events

Date	Time	Event	Venue
Sunday 12 <sup>th</sup> Lent III	10.00	Holy Communion	Saint Michael's
	10.30	Choral Matins	Ss John & Ailbe, Abington
	11.15	Choral Matins	The Cathedral
	17.00	Choral Evensong	The Cathedral
Monday 13 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Tuesday 14 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
	13.15	Lunchtime concert	The Cathedral
	19.30	Mothers' Union Lady Day service	Saint Michael's
Wednesday 15 <sup>th</sup>	10.30	Morning Prayer	The Cathedral

	19.00	Concert	The Cathedral
Thursday 16 <sup>th</sup>	10.30	Holy Communion	The Cathedral
	19.30	Irish Chamber Orchestra concert	The Cathedral
Friday 17 <sup>th</sup> <i>Saint Patrick's Day</i>	10.30	Holy Communion (Dual language)	The Cathedral
Saturday 18 <sup>th</sup>	10.30	Morning Prayer	The Cathedral
Sunday 19 <sup>th</sup> <i>Lent IV</i>	9.30	Holy Communion	Ss John & Ailbe, Abington
	10.00	Morning Prayer	Saint Michael's
	11.15	Holy Communion	The Cathedral

## THIS WEEK'S NOTICES

**Choral Evensong:** This Sunday, there will be a service of Choral Evensong in the Cathedral at 5pm. Our own choir will be joined by the choir of St Nicholas Collegiate Church, Galway.

**Car show:** This will now take place on Saturday 29<sup>th</sup> April in the Cathedral grounds (as part of Riverfest). If you are still interested in helping out with stewarding, etc, please let the Dean know. Your help will be required from 11am-4pm (lunch provided).

**Bishops' Appeal for Turkey & Syria:** Thank you to those who have already supported the appeal. Envelopes are available in your service booklets or at church entrance areas should you wish to make a donation. It is our intention to send off monies collected thus far at the end of the month (if you wish to make a donation, we kindly ask that this might be done before then); however, the appeal will remain open for donations until further notice.

**Saint Patrick's-tide events:** A busy week ahead in the Cathedral – full details on the attached poster (e-zine or at church porch)

**Co-ordinator of the Fund-raising/Fun-raising Committee:** LCP wishes to express our thanks to Tracey Lytle for the enthusiasm she has brought, and hard work she has given to co-ordinating the parish's fund-raising/fun-raising for nearly fourteen years. Tracey has decided to step aside from this position, and the Committee is now looking for someone else to take on the role. The position is voluntary. Although there is some organizational work throughout the year, the fund-raising/fun-raising is centred on annual events. The role includes – but is not limited to – chairing Committee meetings, liaising with relevant bodies (e.g. An Garda Síochána for event licences), and general oversight. Offers are requested before Mothering Sunday, 19<sup>th</sup> March.

**Mothers' Union Lady Day Service:** This service will be held in St. Michael's Church on Tuesday 14<sup>th</sup> March at 7.30 p.m. when we will be joined by members of Adare Branch. As part of the service we are delighted to be enrolling several new members to our Limerick City Branch. The service will be followed by refreshments. All are welcome.

**Sunday School/Childrens' Easter Services:** Parents, please note changes to **Sunday school** times and **special childrens' service** on Good Friday as follows; Sunday, March 26 @ 11.15 - Sunday School, on the meaning of Holy Week. Friday, April 7 – Childrens' (aimed especially for 4 to 9y.o.) service for Good Friday. All are welcome to attend, but at least one parent should accompany the children. Easter day, April 9 @ 11.15 – Sunday school, on the meaning of the Resurrection. NB change in time on Good Friday.

**Meals on Wheels:** The meals on wheels service is run by Limerick Island Community Partners. Meals delivered to your door daily (Monday to Friday). When you are ready to sign up for this service simply ring us on (061) 318 106. See full details on attachment (ezine).

**St Michael's balcony:** Whilst we appreciate this support (for fundraising sales, etc) we would kindly ask that people do not leave items in the balcony area of St Michael's without consulting with Churchwardens or a member of the Clergy team. Thank you.

**Volunteers** wanted in the Cathedral for extra events – moving chairs, etc. Please speak to the Dean or Noreen.

**World Day of Prayer:** This year's services in Villiers Square and St Mary's Cathedral were well attended and the order of worship appreciated and enjoyed. Warm thanks to the members of the organising committee, the readers and all who participated. Special thanks to Irina and Noreen for their help. Next year's service has been prepared by the women of Palestine and will be hosted by members of The Church of the Holy Rosary, Ennis Road.

**Murroe-Boher Historical Society:**

Invites you to take part in their upcoming table quiz, which will be held at the Valley Inn, Murroe, on Fri, March 24, 2023, at 8 p.m., with first question to be called at 8.30 p.m. sharp. €20 per table of four people. Raffle on the night. The next talk will be held in the Fitzgerald Room, Muintir na Tire Hall, Murroe, on Thursday, March 23, at 8 p.m. Our own Philip Dee, MA., will speak to us on the intriguing topic of "Death in Murroe." Admission €5 to non-members, including refreshments. All welcome.

**Part-Time Supervisor/Caretaker** wanted for complex of sheltered housing units in the city centre. Principal duties include: Liaising with residents on a daily basis. Management of on-site requirements of residents and buildings. Management of any emergencies that arise. Reporting to the board of trustees. Apply in writing to: The Secretary, The John Nash Charity, Richmond Terrace, Henry Street, Limerick.

**Refreshments** (with thanks to those on duty)

	12 <sup>th</sup> March	19 <sup>th</sup> March	26 <sup>th</sup> February
<b>Saint Michael's</b>	John & Kayt Shier	R. & M. Brickenden	Justin & Edel O'Connor
<b>The Cathedral</b>	Joni & Amy O'Sullivan	Keith O'Neil	Brian Sheppard

**Remembrance Book:** Please remember those whose anniversaries occur at this time among them: Arthur Knight; Swig Stokes; Bill McGowan; John Boyle; Tom Marsden; Robin Wakely; Mabel O'Toole; Michael Holland; Connie Gardiner, and Teresa Barry.

**Cycle of Prayer:** *Church of Ireland:* the Diocese of Derry & Raphoe and the Rt Revd Andrew Forster. *Anglican Cycle of Prayer:* the Church of South India (United).. *Diocese:* for our diocesan communications officer, Stephen Fletcher; for the editors of our diocesan magazines Newslink & Tidings, and all who work in communications in the diocese.

**Prayers for the Sick:** Your prayers are asked for the sick in our community, especially, Harold Armstrong; Sylvia Martin; Emily; Tom, Moira Lowry; Mac; Mike; Alan Kennedy; Zandra; Stephen Richards; Kathleen Leddin; Marie O'Connor; Sinead; Martha McDermott; Ava Colohan; Aileen Henderson; Rose McNamama; Dean Sandra Pragnell; Patrick; Brian; Barbara Farnley; Terry Gibson; Susan Whelan; Rosaleen Moloney; Catherine Coulter; Michael Downes; Catherine Slattery; Helen; Oliver Stapleton; Tim; William Downes, and Tim O'Leary.

**NOTE ABOUT PRAYER LIST:** *If you wish to place a name on the list, please email your prayer request to [limerickcityparishnews@gmail.com](mailto:limerickcityparishnews@gmail.com). Under GDPR regulations please ensure you have the consent of the named person(s) before submitting a name. For confidentiality reasons the clergy would appreciate NOT being asked on the status of people. Whilst we appreciate people are showing care and concern, it can compromise the relationship between pastor and parishioner. Thank you.*

**CONTACT DETAILS**

- The Very Rev'd Niall J.W. Sloane (Dean): The Deanery, 7 Kilbane, Castletroy  
Email: [dean@limerick.anglican.org](mailto:dean@limerick.anglican.org); Tel: 061-338697. Day off: Friday
- The Rev'd Dr Leonard Madden (Curate-Assistant): The Curatage, 50 Ballinvoher, Fr Russell Road, Limerick  
Email: [curate@limerick.anglican.org](mailto:curate@limerick.anglican.org); Tel: 061-302038. Day off: Monday
- Clergy Emergency Number: Tel: 087-3524046. (Strictly Emergency Calls Only).
- The Parish Office: Saint Mary's Cathedral, Bridge Street, Limerick, V94 E068.  
Email: [cathedral@limerick.anglican.org](mailto:cathedral@limerick.anglican.org); Tel: 061-310293.

LIMERICK CITY PARISH ~ WEEKLY NEWSLETTER

Deadline for notices 12 noon every Wednesday.

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